THE CARTOON BOOK OF

MIXED MARTIAL ARTS



COMBAT

SPORT ON EARTH

Sport on Earth Books · The Combat Family

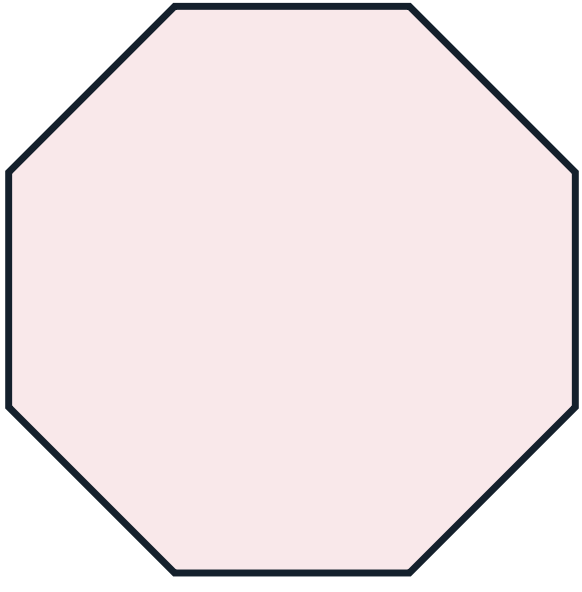
Original illustrations · No characters were copied in the making of this book

Meet Mixed Martial Arts!

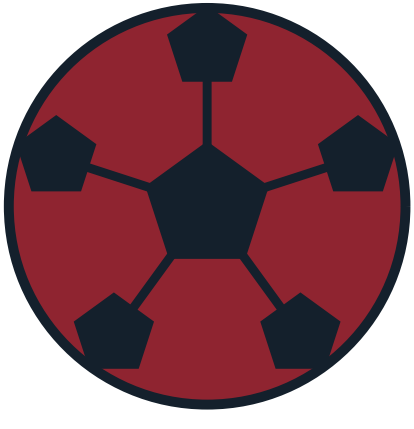
Striking and grappling combined; UFC, PFL and ONE lead promotions.

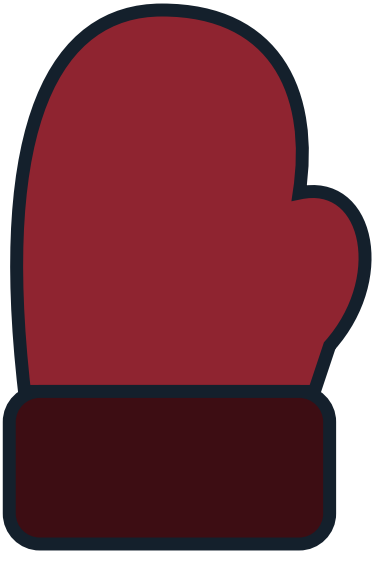


Where It Is Played



The Gear





Meet the Combat Family

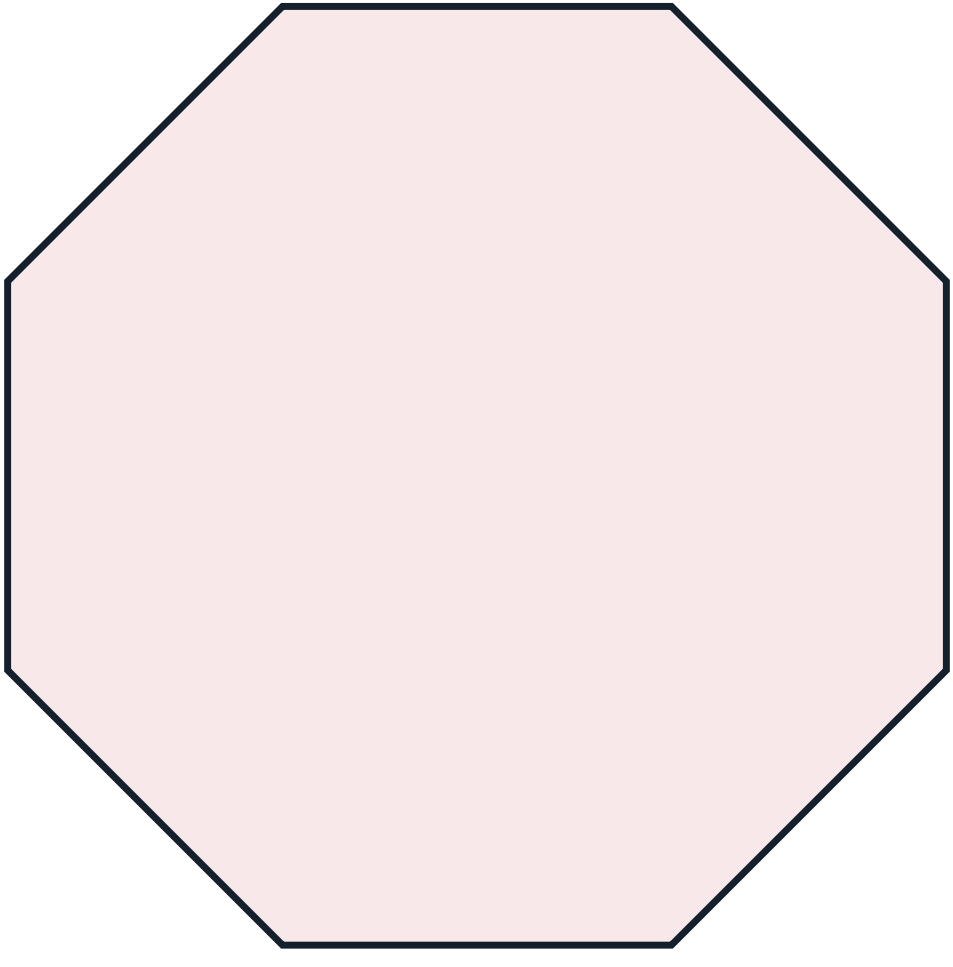
- Boxing — Two fighters trade punches in rounds, judged on points or ended by knockout or stoppage.
- Wrestling — Pin your opponent or score points through takedowns and holds.
- Kickboxing and Muay Thai — Striking sports using kicks, punches, knees and elbows.
- Judo — Throws and holds, an Olympic sport.
- Taekwondo — Korean kicking art, an Olympic sport.
- Sumo — Japanese wrestling with six annual tournaments.

How to Play

MMA is the rare sport whose founding rules document can be dated to a single negotiations table — and whose rulebook is still visibly under construction, with two of its biggest changes landing in November 2024.



The Playing Area



Good to Know

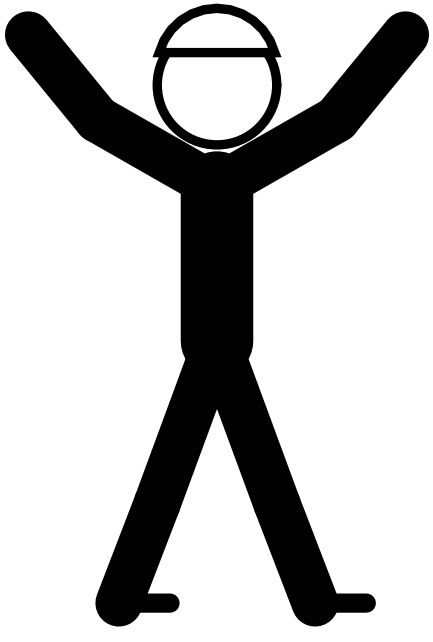
Moments That Shaped the Game

- agreed 2000; New Jersey April 2001 — The Unified Rules Are Written: The New Jersey State Athletic Control Board's rules — weight classes, timed rounds, a fouls list (no headbutts, groin st.
- effective 1 January 2017 — The 2017 Revisions (Judging Criteria and the Grounded Fighter): The 2016 ABC votes (effective 2017) rewrote both: judging was re-founded on effective striking/grappling as the primary .
- voted July 2024; effective 1 November 2024 — The 2024 Amendments (12–6 Elbows Legal; Grounded Redefined Again): The ABC removed the 12–6 elbow from the fouls list entirely, and redefined 'grounded': a fighter is grounded only when a.

Rules That Changed the Game

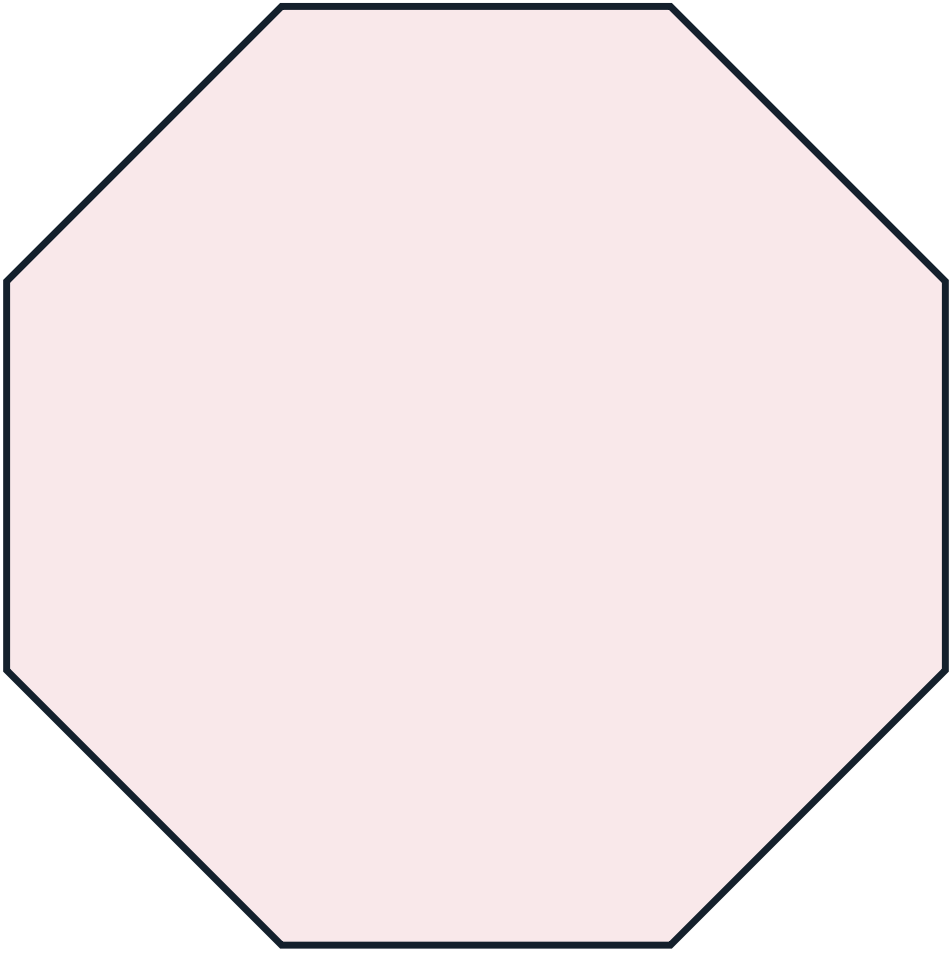
- agreed 2000; New Jersey April 2001 — The Unified Rules Are Written: Every major promotion on earth now fights some dialect of the Unified Rules; the document's categories (fouls, scoring criteria, w.
- effective 1 January 2017 — The 2017 Revisions (Judging Criteria and the Grounded Fighter): Scoring slowly re-centred on damage (cards still vary), the fingertip game vanished where adopted, and the state-by-state patchwor.
- voted July 2024; effective 1 November 2024 — The 2024 Amendments (12–6 Elbows Legal; Grounded Redefined Again): Fighters may now strike with any elbow in adopting jurisdictions, the 'hand shield' is dead, and the sport's conversation has move.

Colour the Action

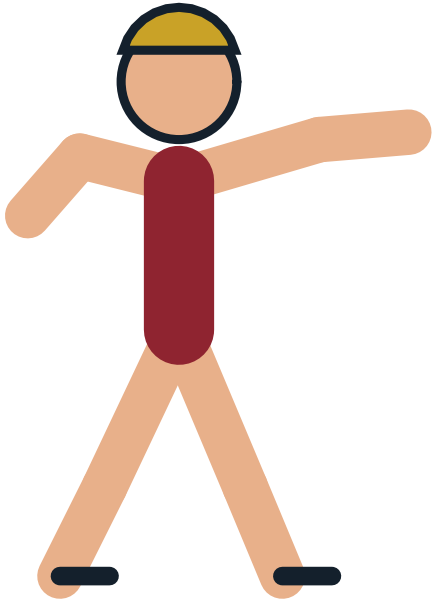


Psst — this page is a colouring page!

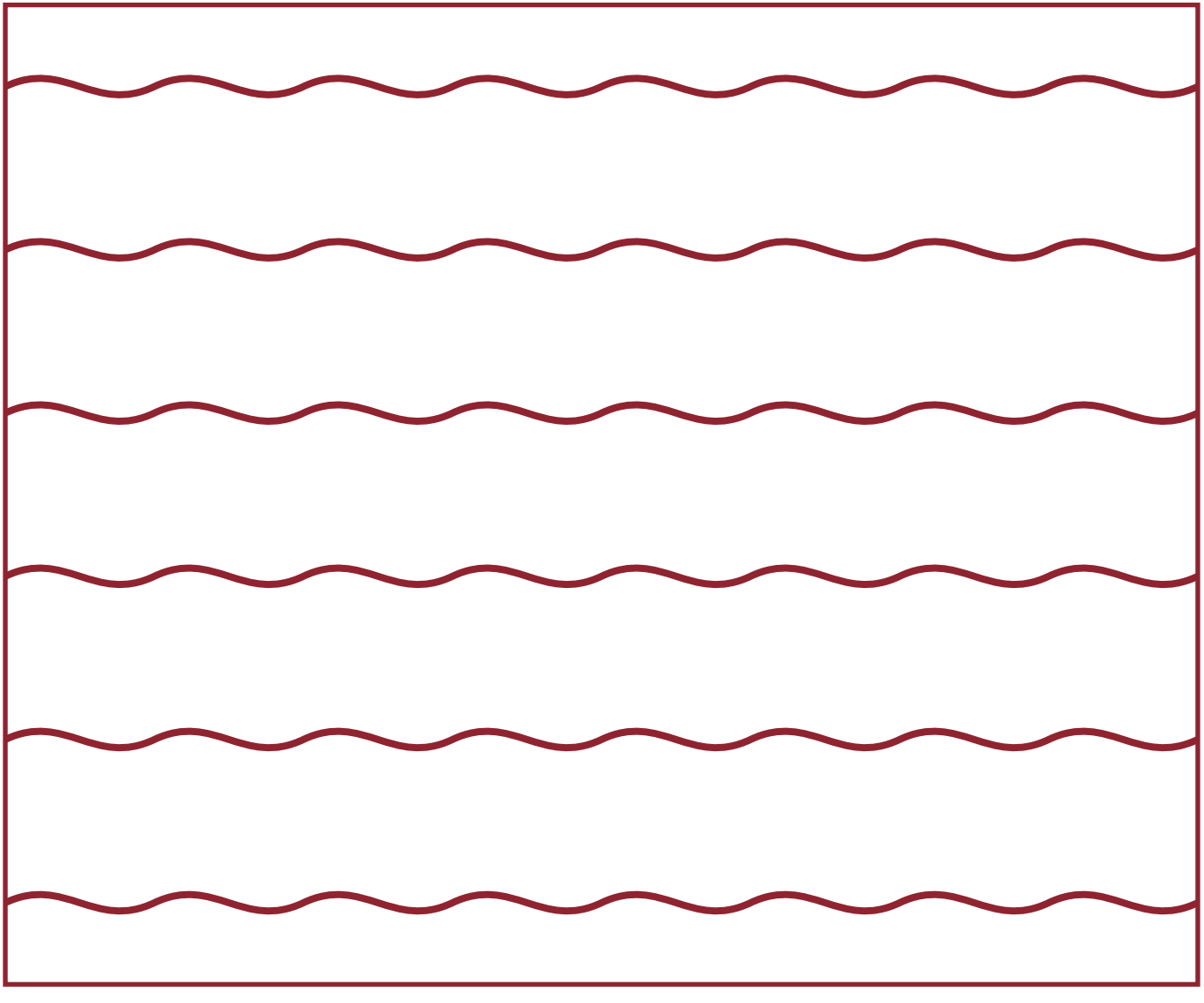
The Sport Today



At School and College



Play It Near You



Through the Year



The Combat Family

Every sport belongs to a family of games that share its shapes and skills. Here are some of this book's closest relatives — each with a cartoon book and a colouring book of its own.

- Boxing — Two fighters trade punches in rounds, judged on points or ended by knockout or stoppage.
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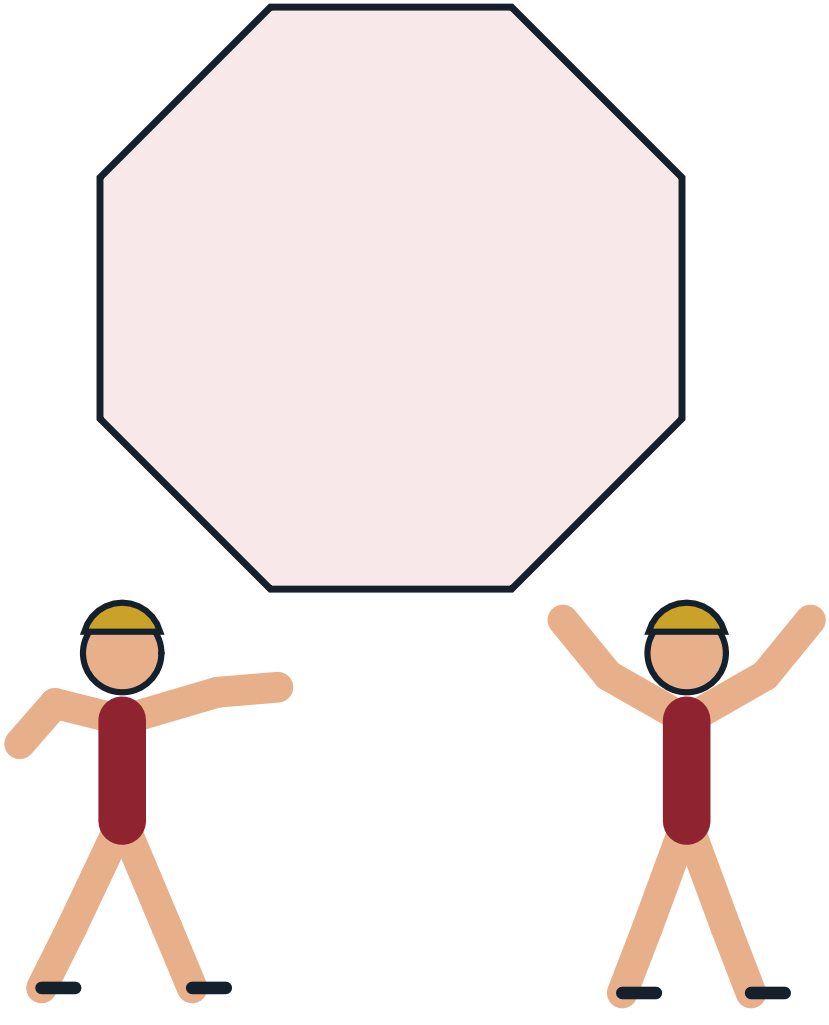
Game Day!

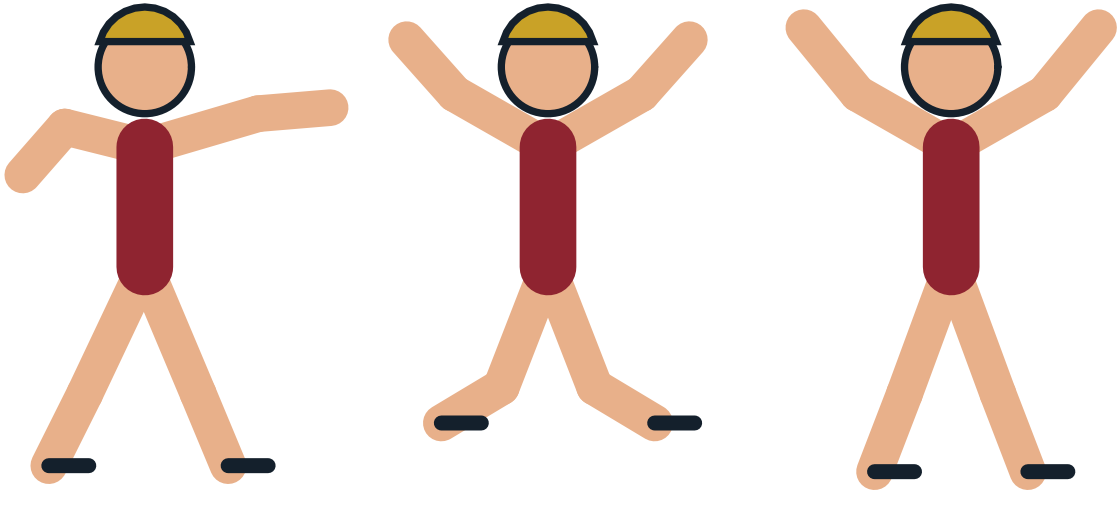


The Sport on Earth Mark

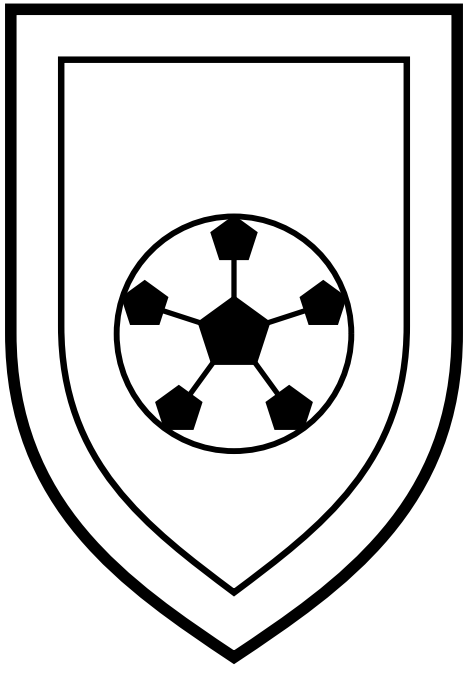
Every sport on Sport on Earth carries its own original mark, drawn for the site. Here is this sport's.



Moves of the Game



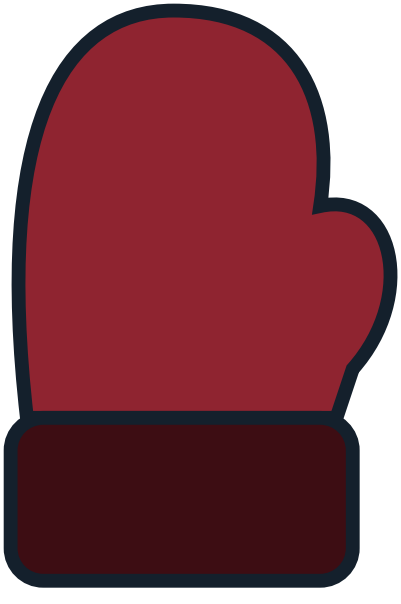
Design a Badge



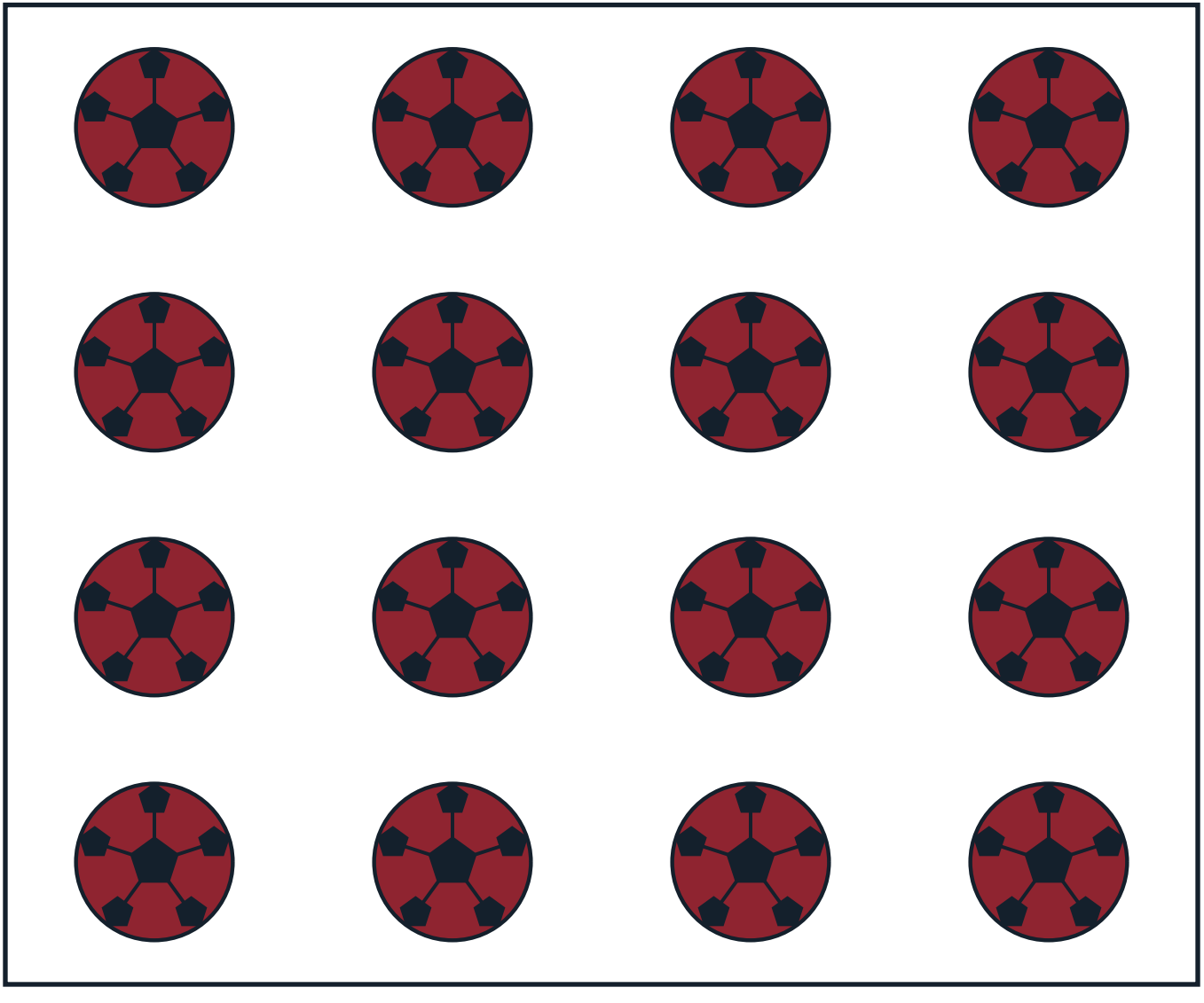
Draw and colour a badge for your own team.

The Gear Parade

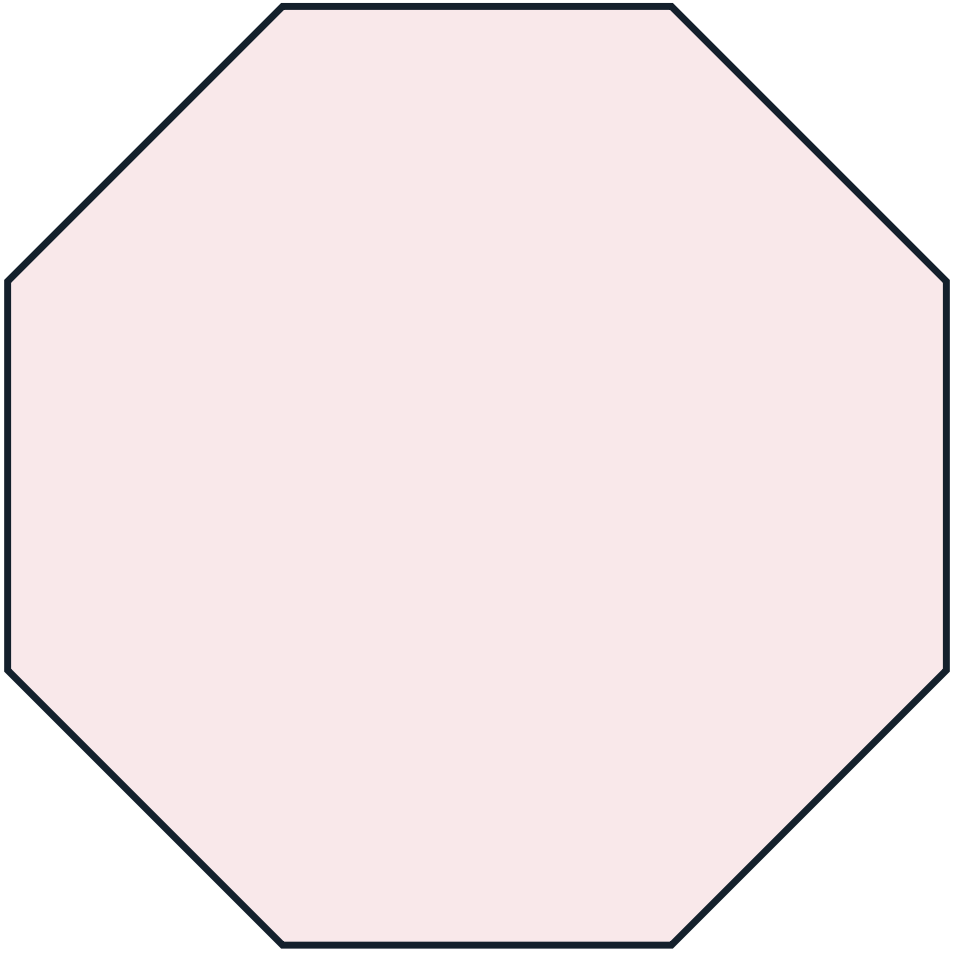




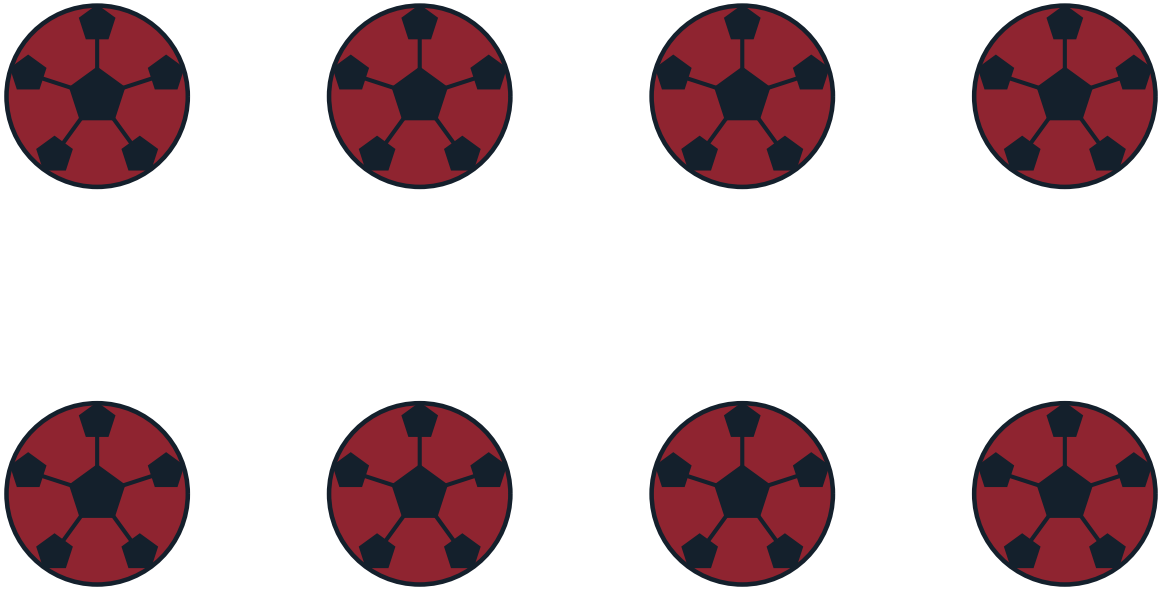
Pattern Play



The Arena From Above



Count the Balls!



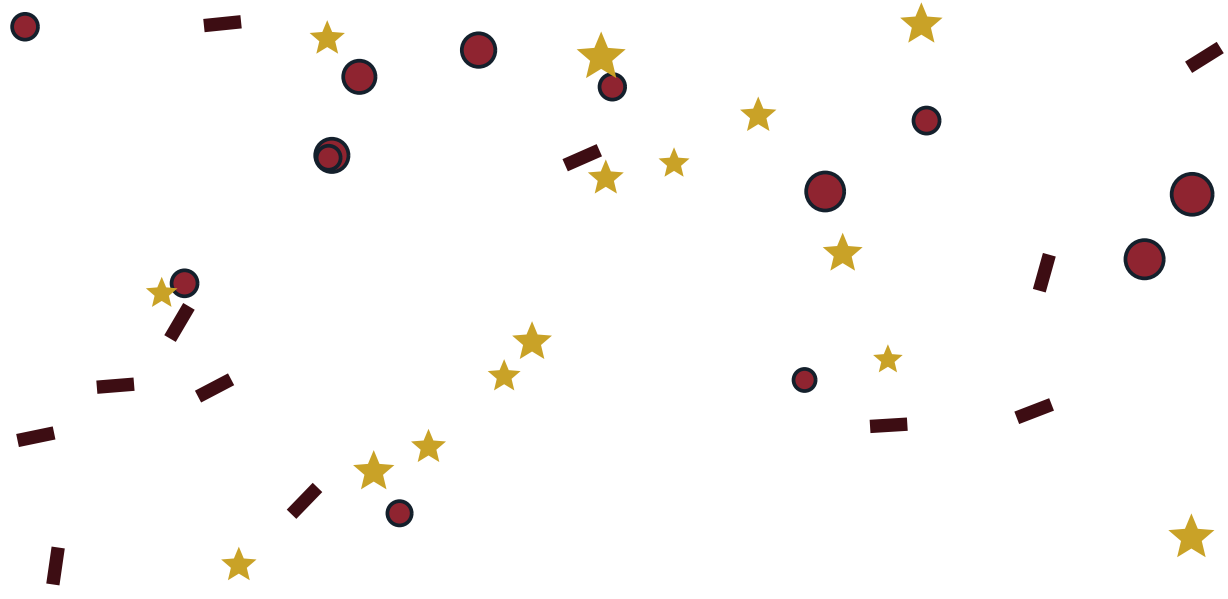
How many can you count? Write the number here: _____

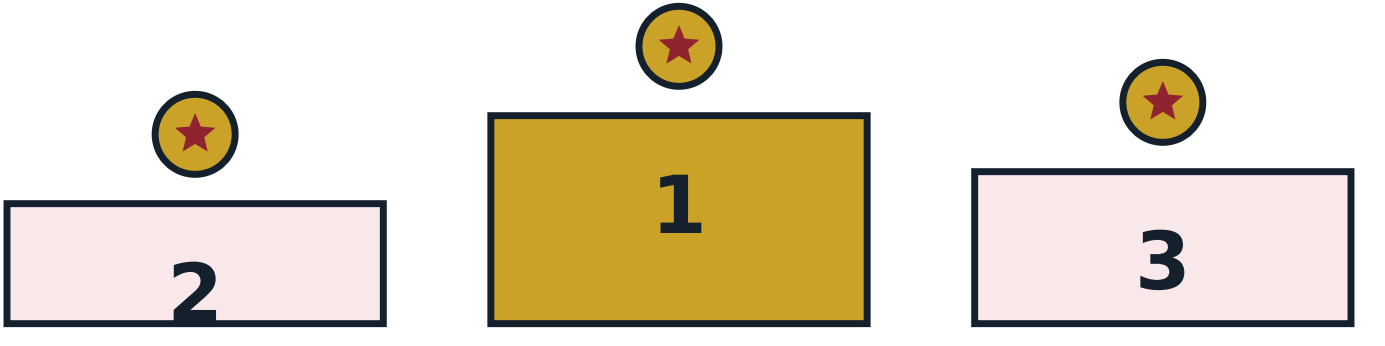
My Favourite Part of Mixed Martial Arts

Gear Close-Up

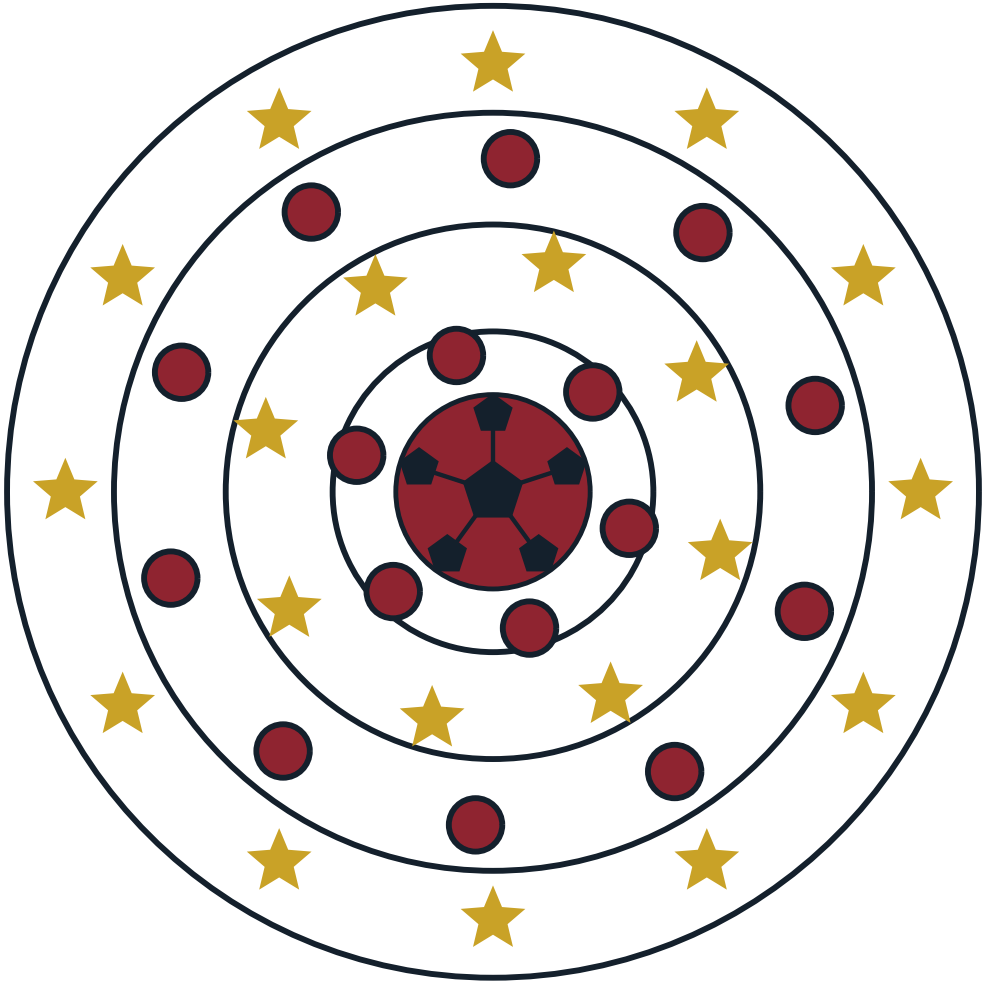


Champions!





The Mandala of the Game



About This Book

Rule-change history: Association of Boxing Commissions (ABC) Unified Rules documents: the 2000–01 New Jersey framework, the 2016–17 revisions, and the July 2024 amendments effective 1 November 2024; UFC adoption records.. Everything in this book comes from Sport on Earth's own verified sport files — the same words you can read on the sport's page at Sport on Earth. The illustrations are original artwork drawn by computer for this book series. They are not pictures of real players, real teams or anybody else's characters.

More Books in the Family

- The Cartoon Book of Boxing
- The Cartoon Book of Wrestling
- The Cartoon Book of Kickboxing and Muay Thai
- The Cartoon Book of Judo
- The Cartoon Book of Taekwondo
- The Cartoon Book of Sumo
- The Boxing Colouring Book
- The Wrestling Colouring Book

My Notes

Mixed Martial Arts

The Cartoon Book of Mixed Martial Arts — a Sport on Earth Book.

Text from Sport on Earth's verified sport files. Illustrations: original programmatic artwork created for this series, including the site's own sport mark. No copyrighted characters, team logos or player likenesses appear in this book.

Collect the whole shelf: a cartoon book and a colouring book for every one of the 442 sports and games on Sport on Earth.

