THE CARTOON BOOK OF

KABADDI



GOAL & INVASION

SPORT ON EARTH

Sport on Earth Books · The Traditional & regional Family

Original illustrations · No characters were copied in the making of this book

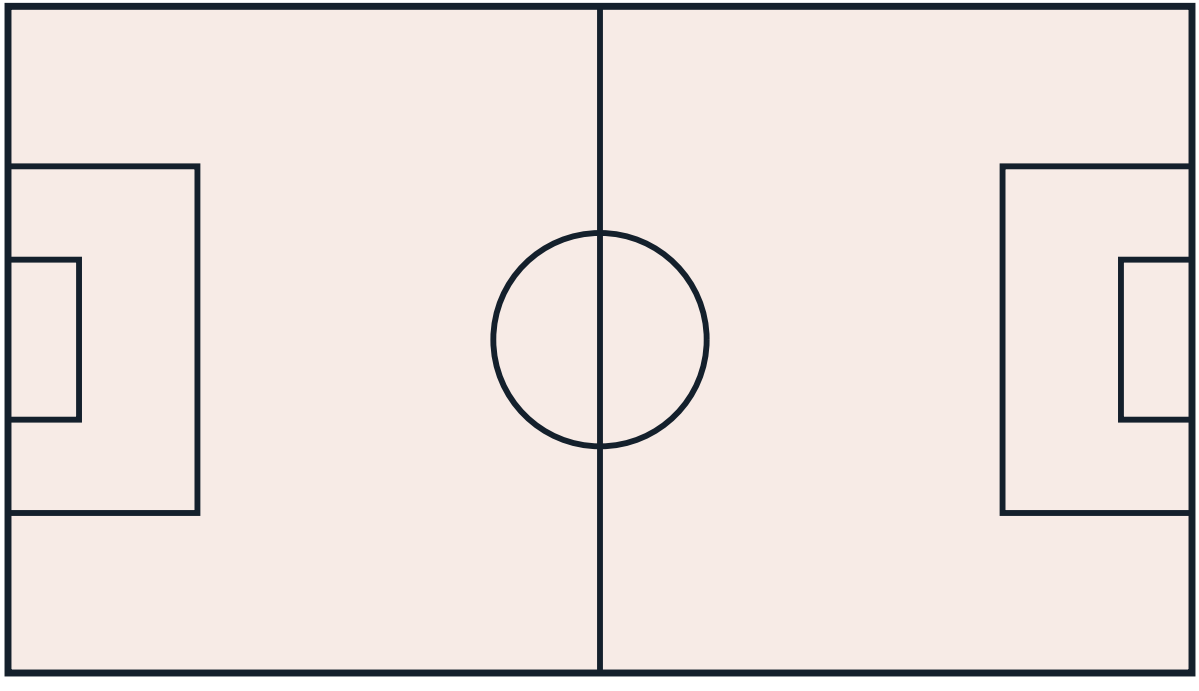
Meet Kabaddi!

A raider tries to tag defenders and return to their own half while holding one breath, chanting 'kabaddi'.



Where It Is Played

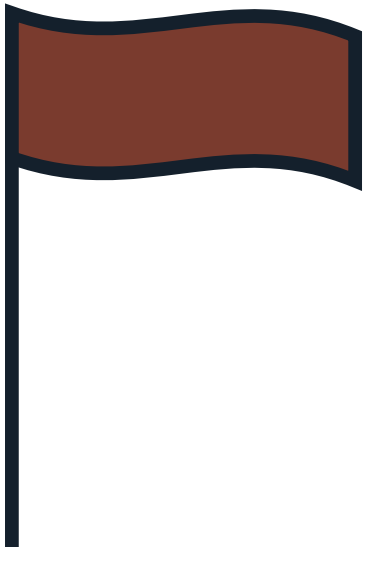
Play field 13 x 10 metres for men and junior boys, divided into two halves by a midline, with baulk and bonus lines marked in each half.



The Gear

A kabaddi mat or soft ground with marked baulk and bonus lines; no ball or other playing equipment is used.





How It Starts

Form two teams, learn the continuous 'kabaddi' cant, and practise a first raid: cross the baulk line, touch a defender and sprint back to your own half.



How to Play

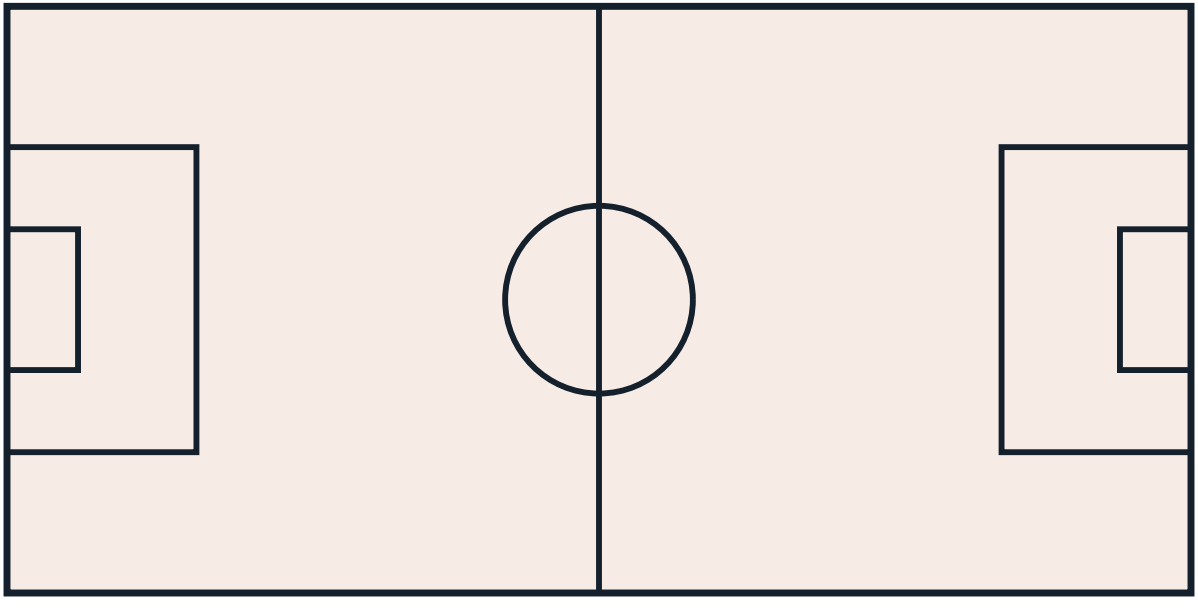
- Two teams play on a mat or soft surface; for men and junior boys the play field measures 13 x 10 metres.
- Play is built around raids: one raider enters the opponents' half while continuously chanting 'kabaddi' (the cant) in a single breath.
- A raider who loses the cant — stops chanting or takes a breath — is out.
- Each team scores one point for every opponent put out; a raider scores by touching defenders and returning to his own half.

More of the Game

- A side that puts out all its opponents scores an All Out, worth two extra points, and the out-and-revival rule then applies.
- A raider must cross the baulk line for the raid to count, and a bonus point is available at the bonus line when six or more defenders are on court.
- Defenders score a point by tackling and holding the raider so he cannot return to his half.
- Matches for senior men are played over two halves, with the side scoring the most points winning.

The Shape of a Match

Two teams alternate raiding and defending on a rectangular mat. A single raider tries to tag as many defenders as possible and get back across the midline before being tackled.



The Story So Far

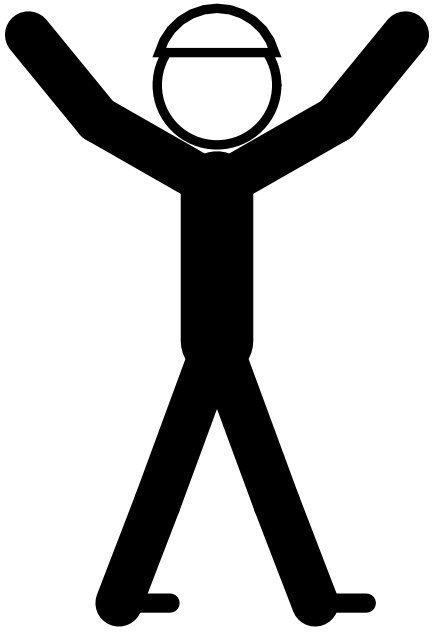
An ancient South Asian sport; the Pro Kabaddi League launched in 2014.



Rules That Changed the Game

- standardised in the modern era; showcased by Pro Kabaddi from 2014 — The 30-Second Raid and the Do-or-Die Raid: The timed raid and do-or-die are now how the world learns kabaddi; the breath-cant survives as the sport's soul inside a stopwatch.

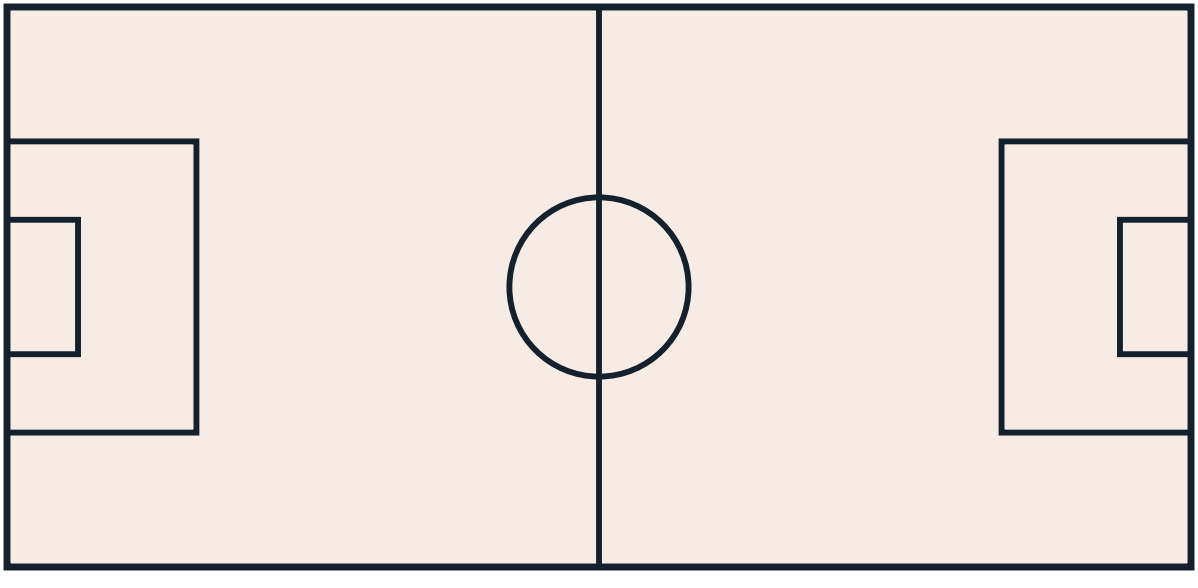
Colour the Action



Psst — this page is a colouring page!

The Sport Today

Pro Kabaddi League in India; Asian Games and World Cup events.



At School and College

School and university tournaments are common across India.

Play It Near You

Village and community matches.

Through the Year

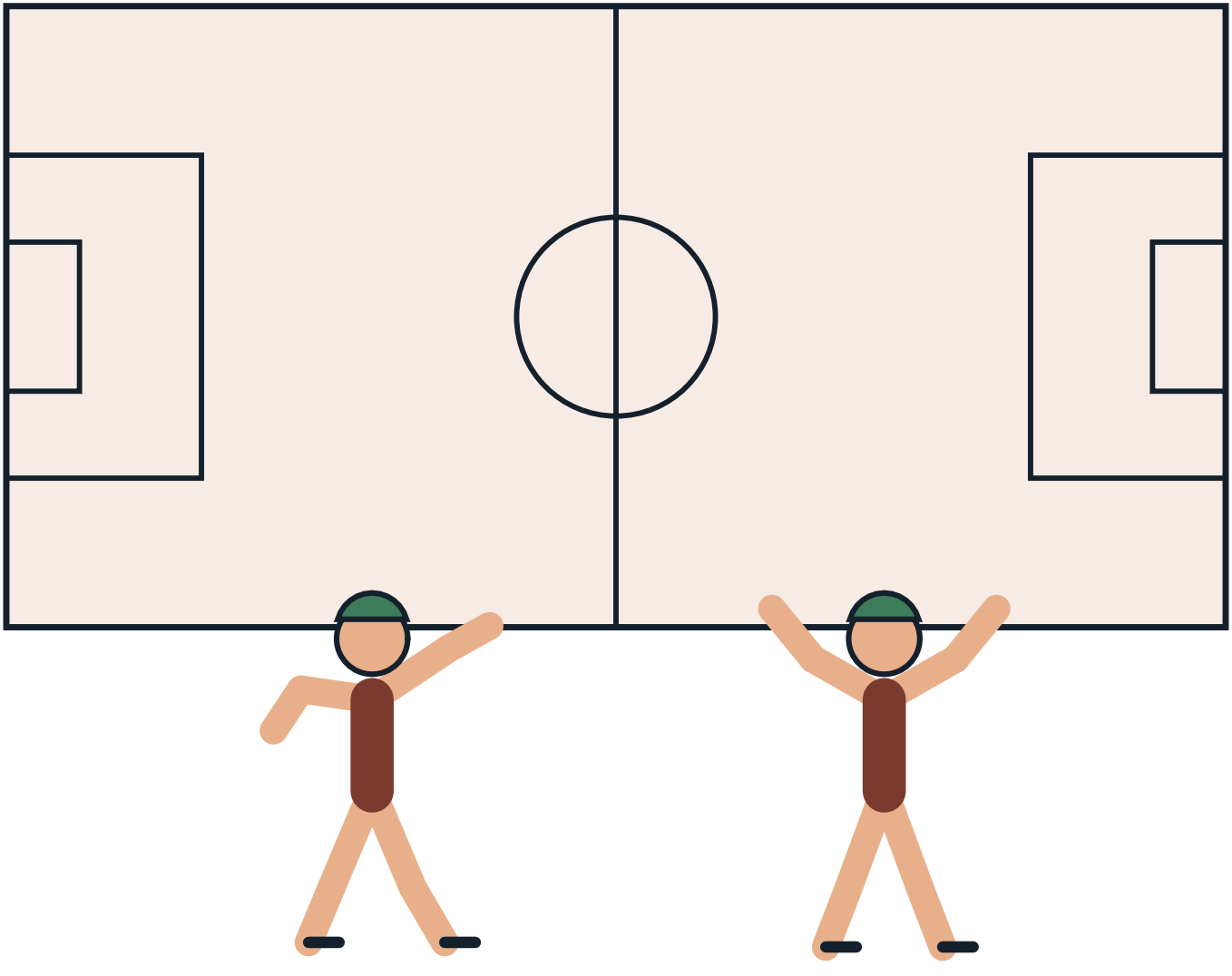
PKL runs a multi-week season; Asian Games on a four-year cycle.

The Traditional & regional Family

Every sport belongs to a family of games that share its shapes and skills. Here are some of this book's closest relatives — each with a cartoon book and a colouring book of its own.

- Sepak Takraw — Southeast Asian kick volleyball with a rattan ball.
- Pelota and Jai Alai — Basque ball games played off a wall.
- Gaelic Handball — Irish wall handball played with gloved hands.
- Calcio Storico — Florentine mix of rugby, wrestling and boxing in a sand pit.
- Cooper's Hill Cheese-Rolling — English race chasing a cheese wheel down a hill.

Game Day!

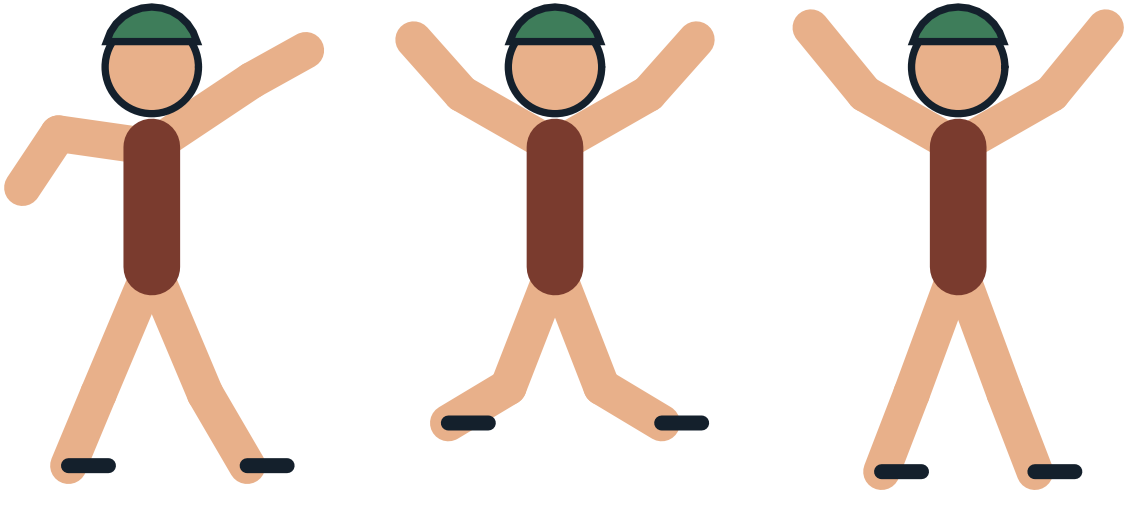


The Sport on Earth Mark

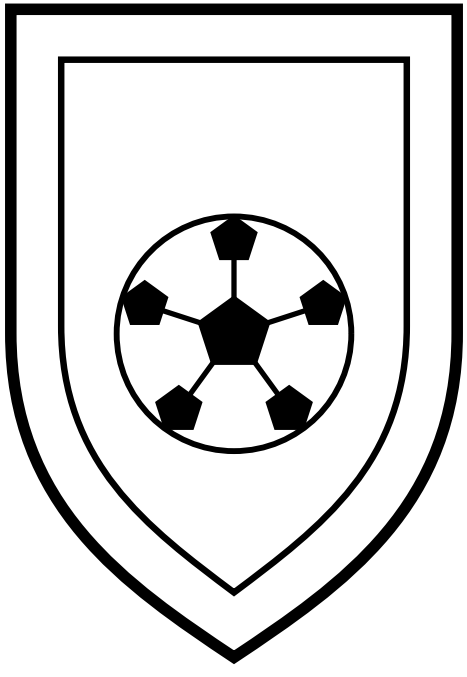
Every sport on Sport on Earth carries its own original mark, drawn for the site. Here is this sport's.



Moves of the Game



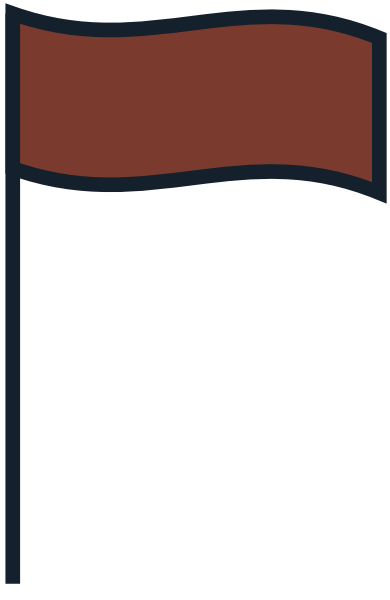
Design a Badge



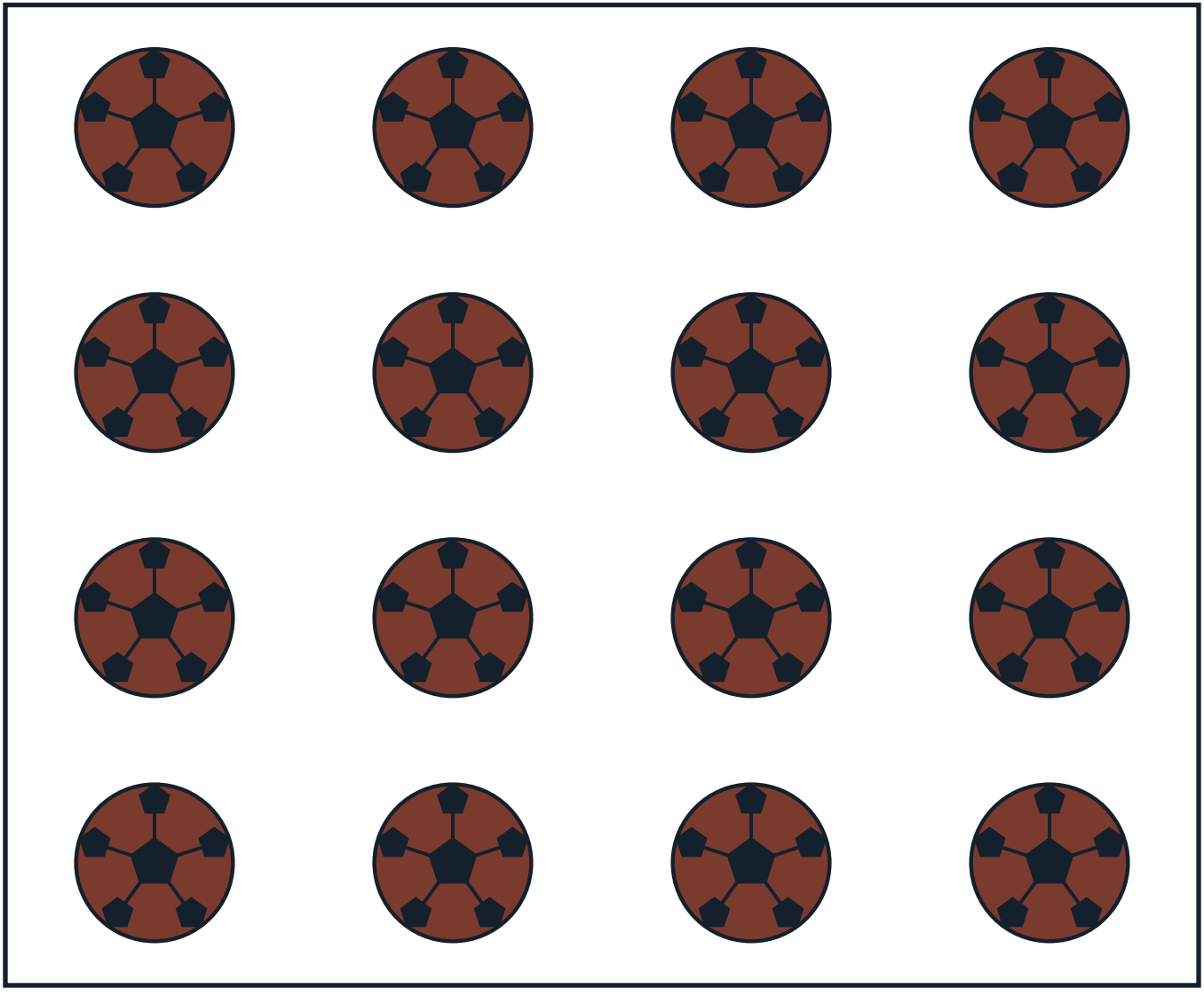
Draw and colour a badge for your own team.

The Gear Parade

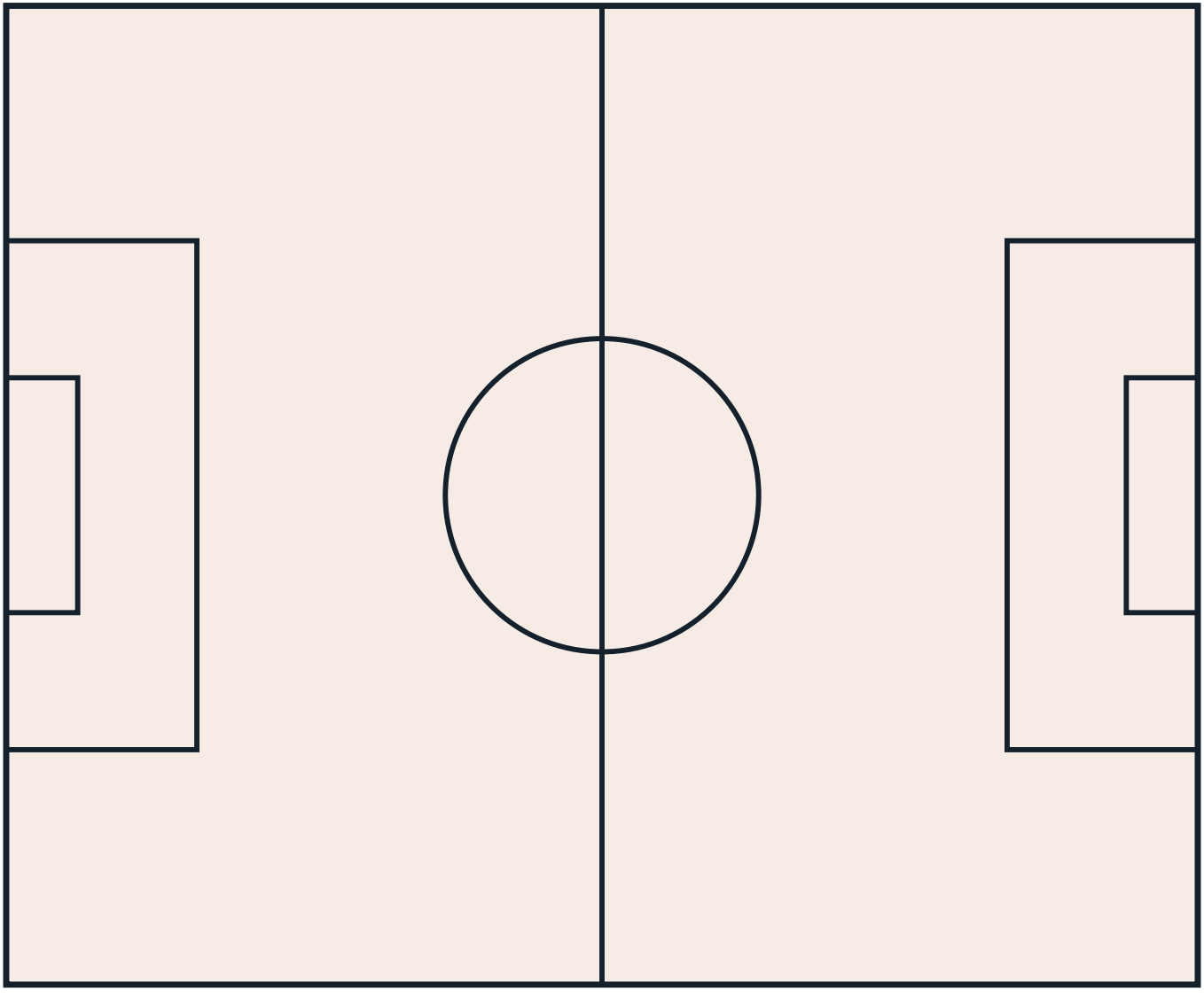




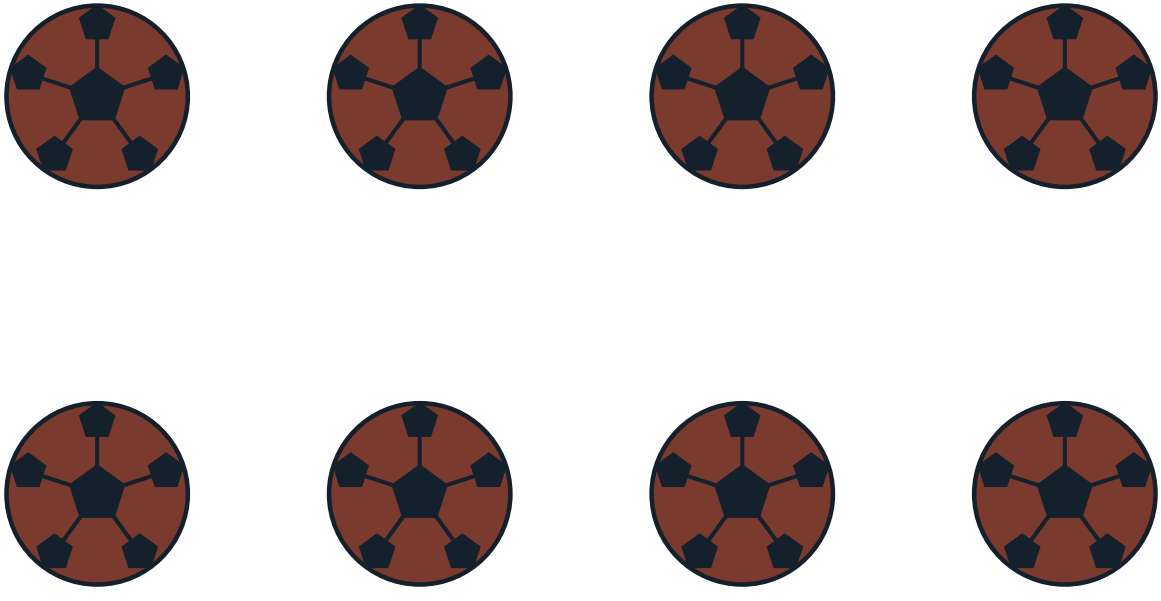
Pattern Play



The Arena From Above



Count the Balls!



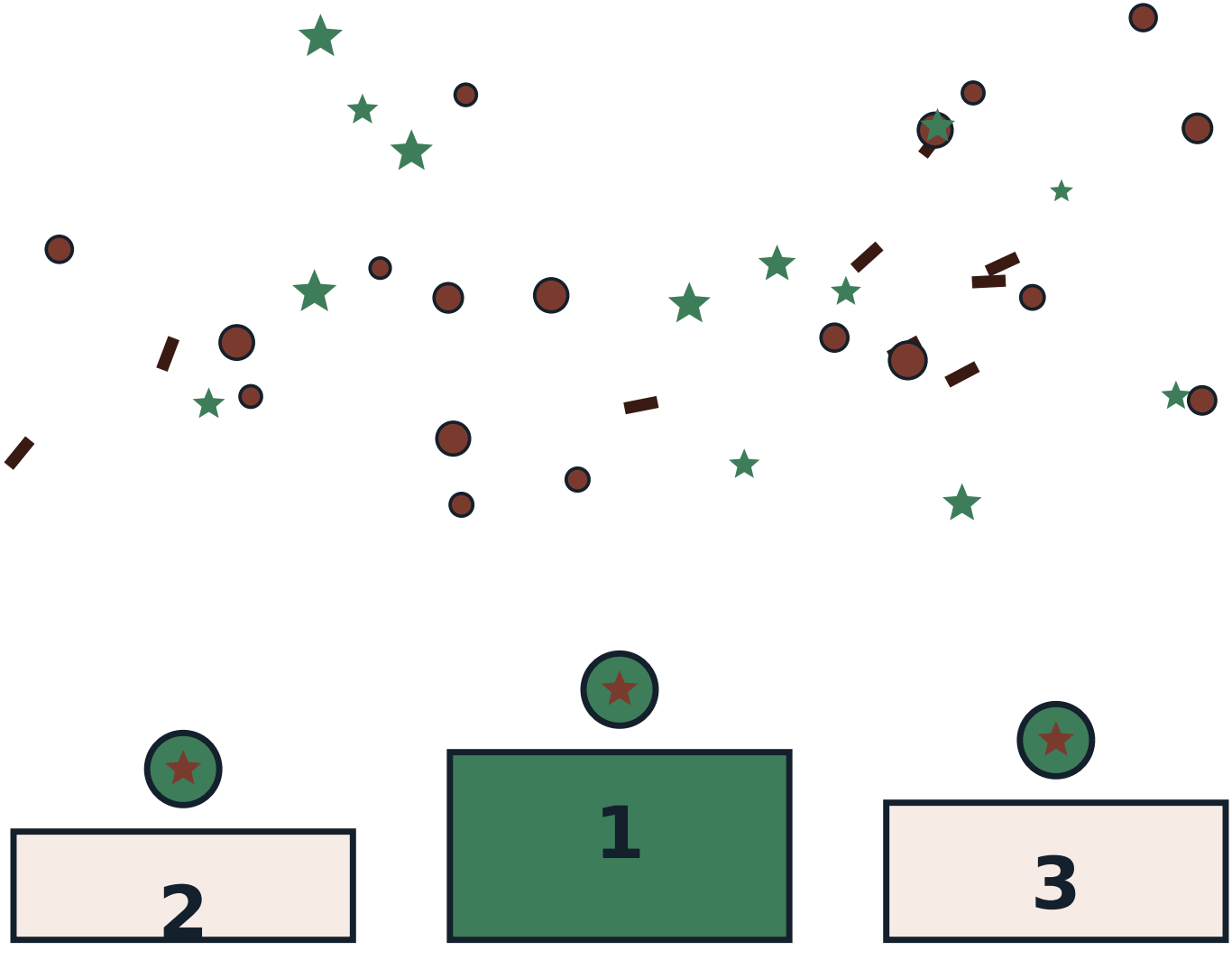
How many can you count? Write the number here: _____

My Favourite Part of Kabaddi

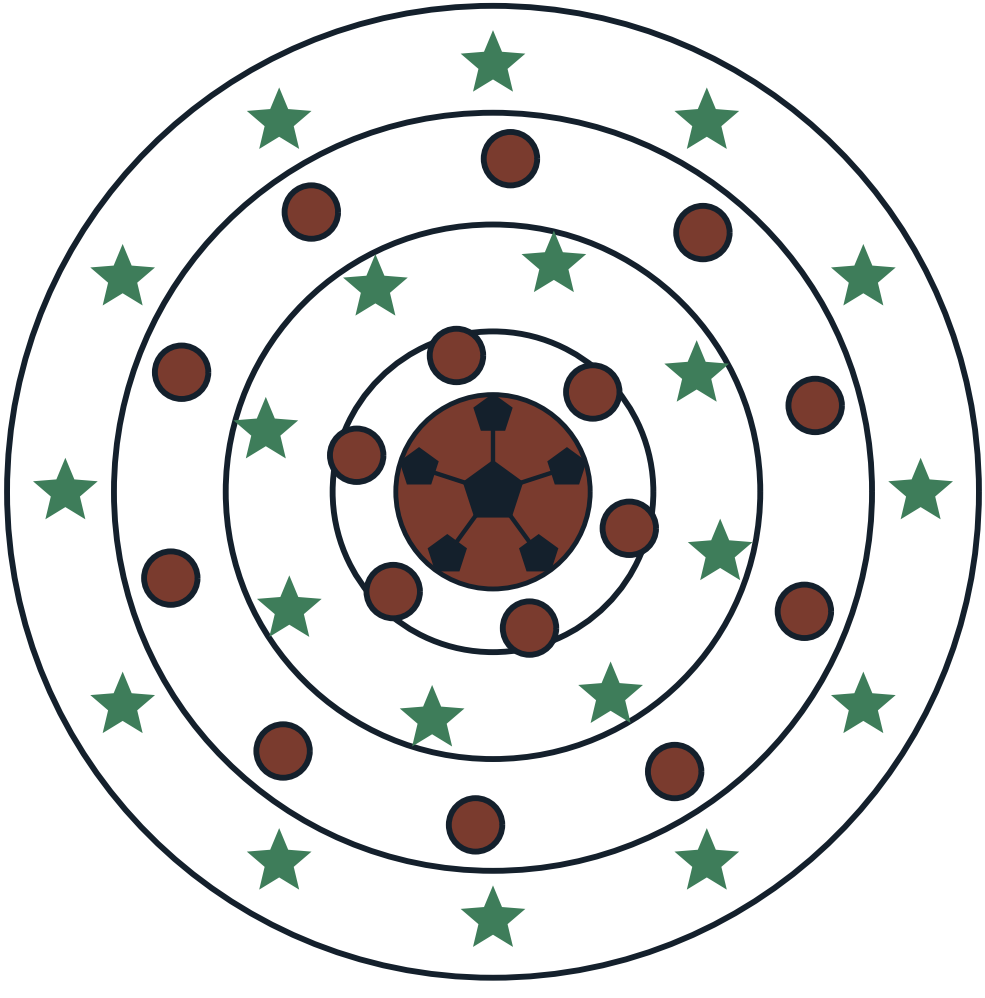
Gear Close-Up



Champions!



The Mandala of the Game



About This Book

Governing body: International Kabaddi Federation (IKF). Laws edition the site's rules file follows: IKF Rules & Regulations of Kabaddi, Version 2.1.0. Rule-change history: Pro Kabaddi League rules (2014–) and AKFI/IKF standard rules documentation.. Everything in this book comes from Sport on Earth's own verified sport files — the same words you can read on the sport's page at Sport on Earth. The illustrations are original artwork drawn by computer for this book series. They are not pictures of real players, real teams or anybody else's characters.

More Books in the Family

- The Cartoon Book of Sepak Takraw
- The Cartoon Book of Pelota and Jai Alai
- The Cartoon Book of Gaelic Handball
- The Cartoon Book of Calcio Storico
- The Cartoon Book of Cooper's Hill Cheese-Rolling
- The Cartoon Book of Eton Wall Game
- The Sepak Takraw Colouring Book
- The Pelota and Jai Alai Colouring Book

My Notes

Kabaddi

The Cartoon Book of Kabaddi — a Sport on Earth Book.

Text from Sport on Earth's verified sport files. Illustrations: original programmatic artwork created for this series, including the site's own sport mark. No copyrighted characters, team logos or player likenesses appear in this book.

Collect the whole shelf: a cartoon book and a colouring book for every one of the 442 sports and games on Sport on Earth.

