THE CARTOON BOOK OF

UNDERWATER HOCKEY



WATER

SPORT ON EARTH

Sport on Earth Books · The Water & winter Family

Original illustrations · No characters were copied in the making of this book

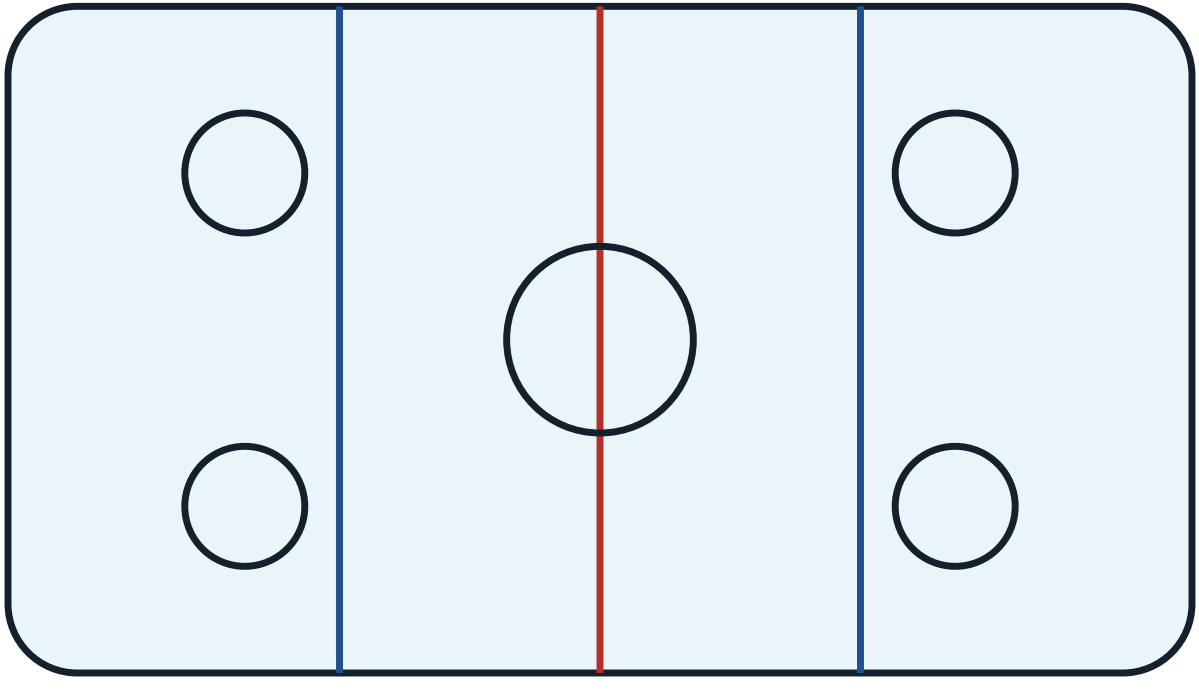
Meet Underwater Hockey!

Push a puck along a pool bottom with short sticks.



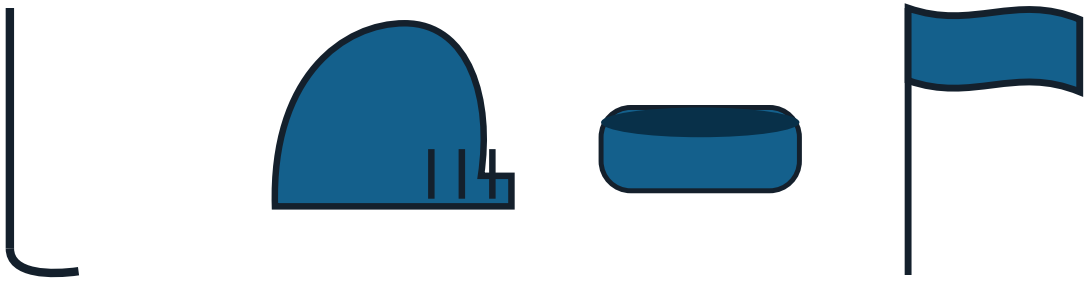
Where It Is Played

Pool bottom 21-25 m by 15-18 m, 2-3.65 m deep, with goals centred on each end wall and substitution areas at the sides.



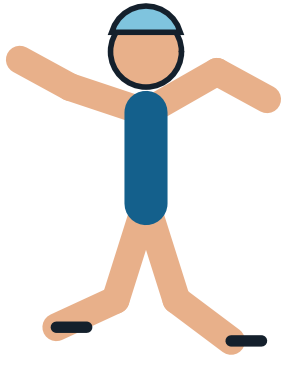
The Gear

Mask, snorkel and mouthguard, fins, a short wooden/plastic stick, a numbered cap with ear protection, plus a puck and two 3 m goals.



How It Starts

Join a local underwater hockey club, get comfortable snorkelling with fins and a mask, and learn to flick the puck on the pool floor in beginner sessions.



How to Play

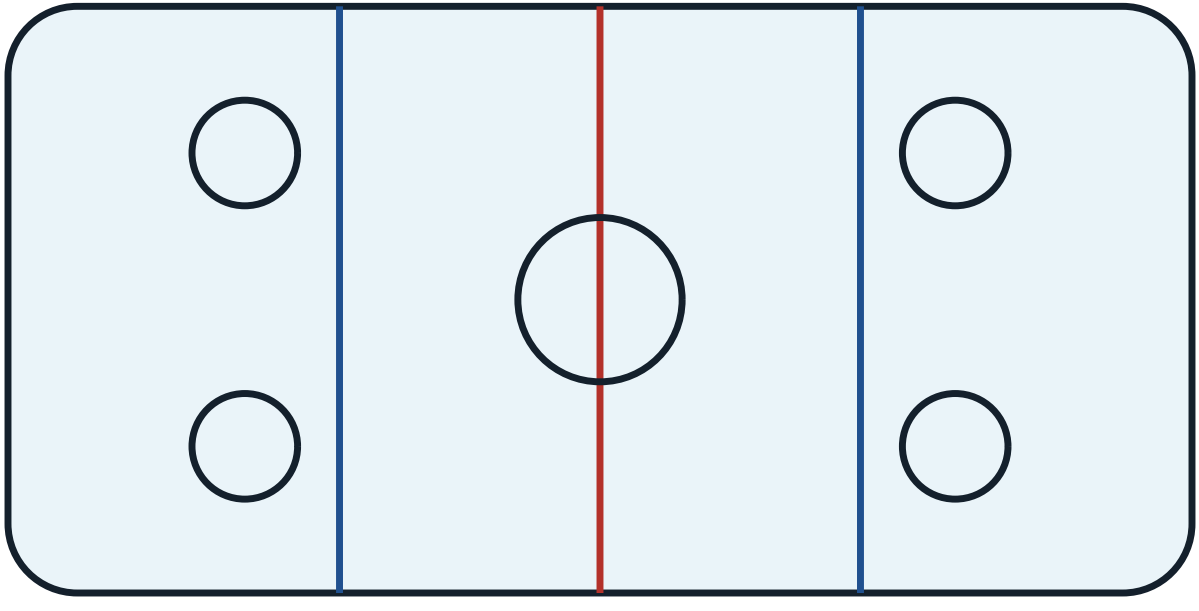
- Format: two teams play on the bottom of a swimming pool, using a short stick to push and pass a puck into the opposing team's 3 m goal.
- The team with the most goals at the end of the game wins.
- A game lasts two halves of 15 minutes.
- Each team has 10 players, with six in the water at any time and four substitutes on the bench.
- The playing area is 21-25 m by 15-18 m, in water 2-3.65 m deep under the v13 rules.

More of the Game

- Play starts with the puck in the centre of the pool and both teams contesting possession; the puck may only be played with the stick.
- Fouls include using the stick against anything but the puck, playing or stopping the puck with anything but the stick, and blocking; minor fouls award an advantage puck with the offending team pushed back 3 m.
- Major fouls can bring ejection for 1, 2 or 5 minutes, or for the remainder of the game or tournament, and a serious foul near goal can award a penalty shot or penalty goal.
- Games are controlled by water referees and a chief referee on deck, using hand signals and a buzzer to stop and start play.

The Shape of a Match

Six-a-side underwater: dive, flick and pass a weighted puck along the pool floor and shoot into a tray goal at the far end.

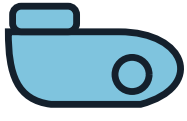


More of the Water & winter Family

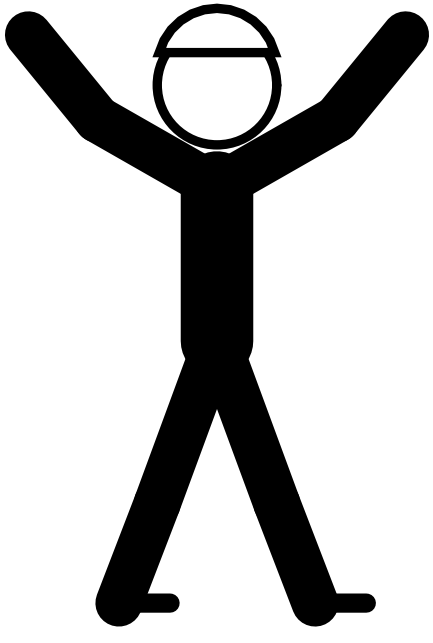
- Surfing — Ride ocean waves on a board; judges score maneuvers, speed, and flow on the best waves.
- Ice Hockey — Skate and pass a puck to score in the opposing net. Six per side, three periods of 20 minutes.
- Water Polo — Seven-a-side ball game in deep water.
- Sailing — Racing under wind power, from dinghies to the America's Cup.
- Alpine Skiing and Snowboarding — Downhill racing on FIS World Cup circuits.
- Figure and Speed Skating — Judged artistic skating and timed racing on ice.

A Note on the Rules

Underwater hockey is governed by the CMAS under a code written for the pool floor (short sticks, a weighted puck, free-diving play with snorkels) codified in its modern form in the 1970s–80s and stable since. No major documented rule change is carried for underwater hockey.

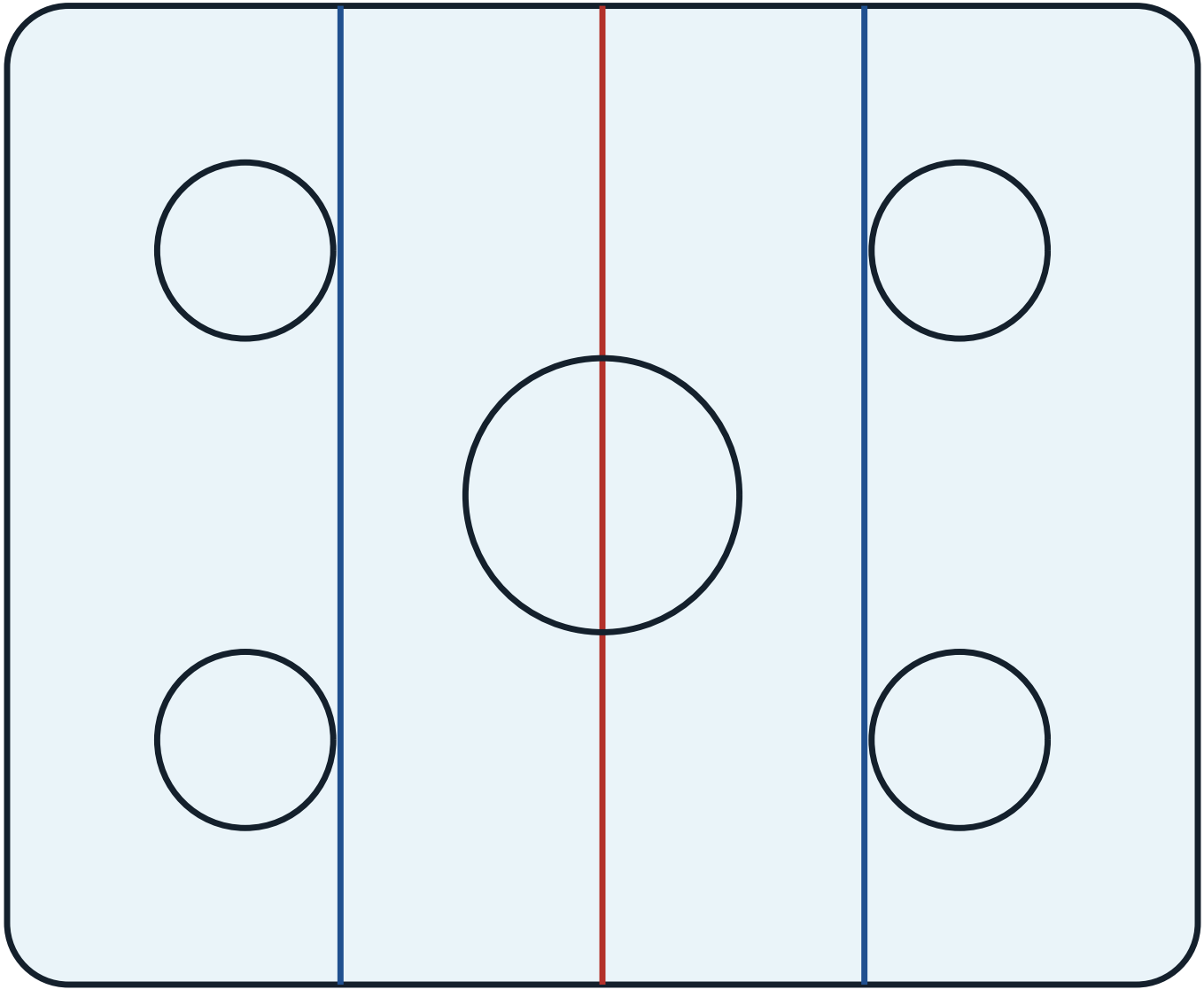


Colour the Action

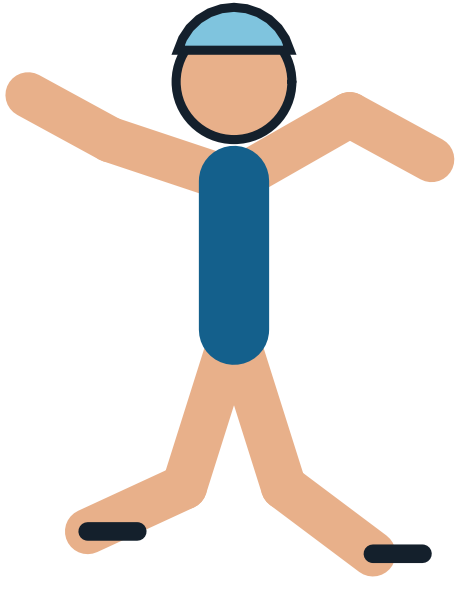


Psst — this page is a colouring page!

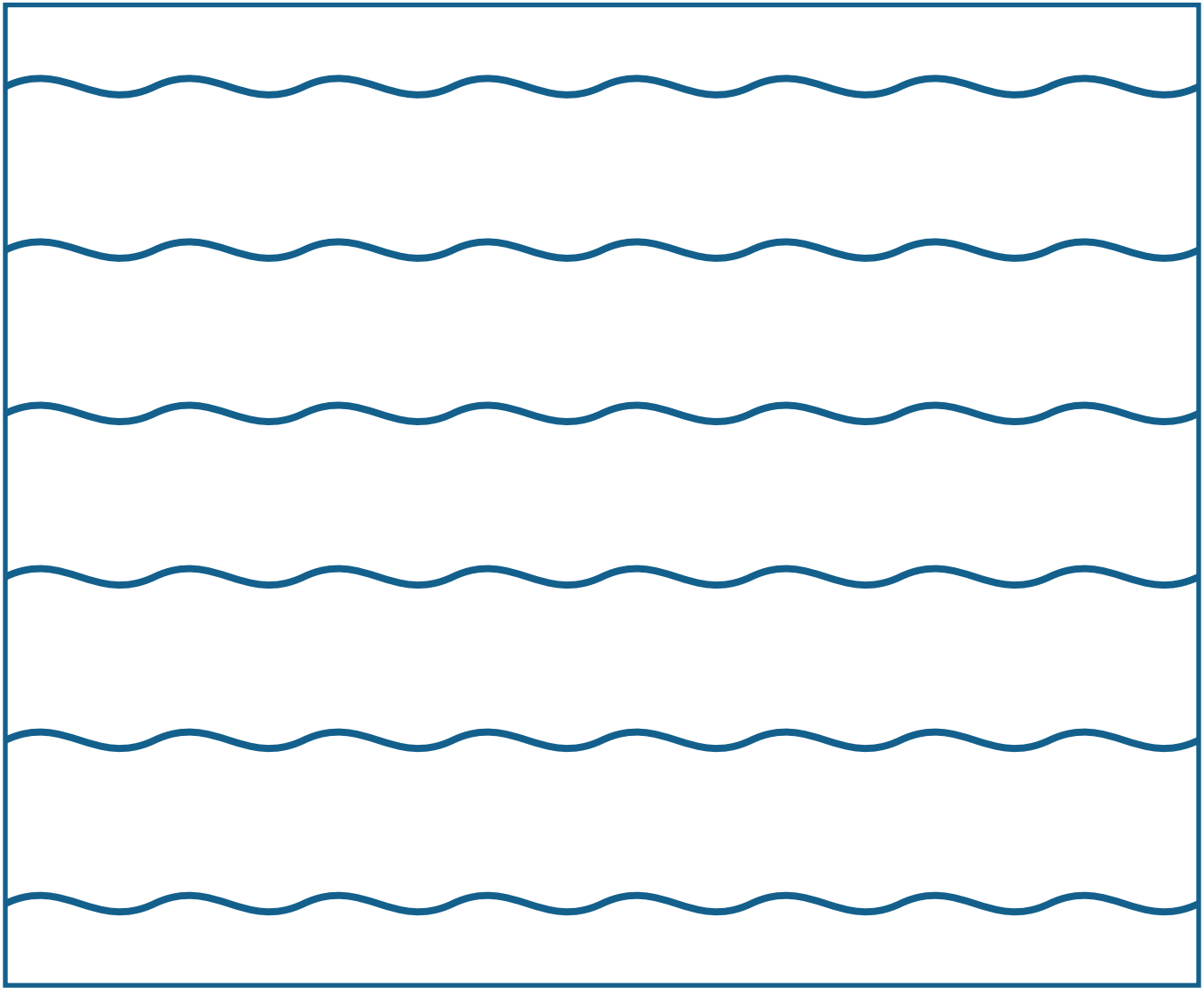
The Sport Today



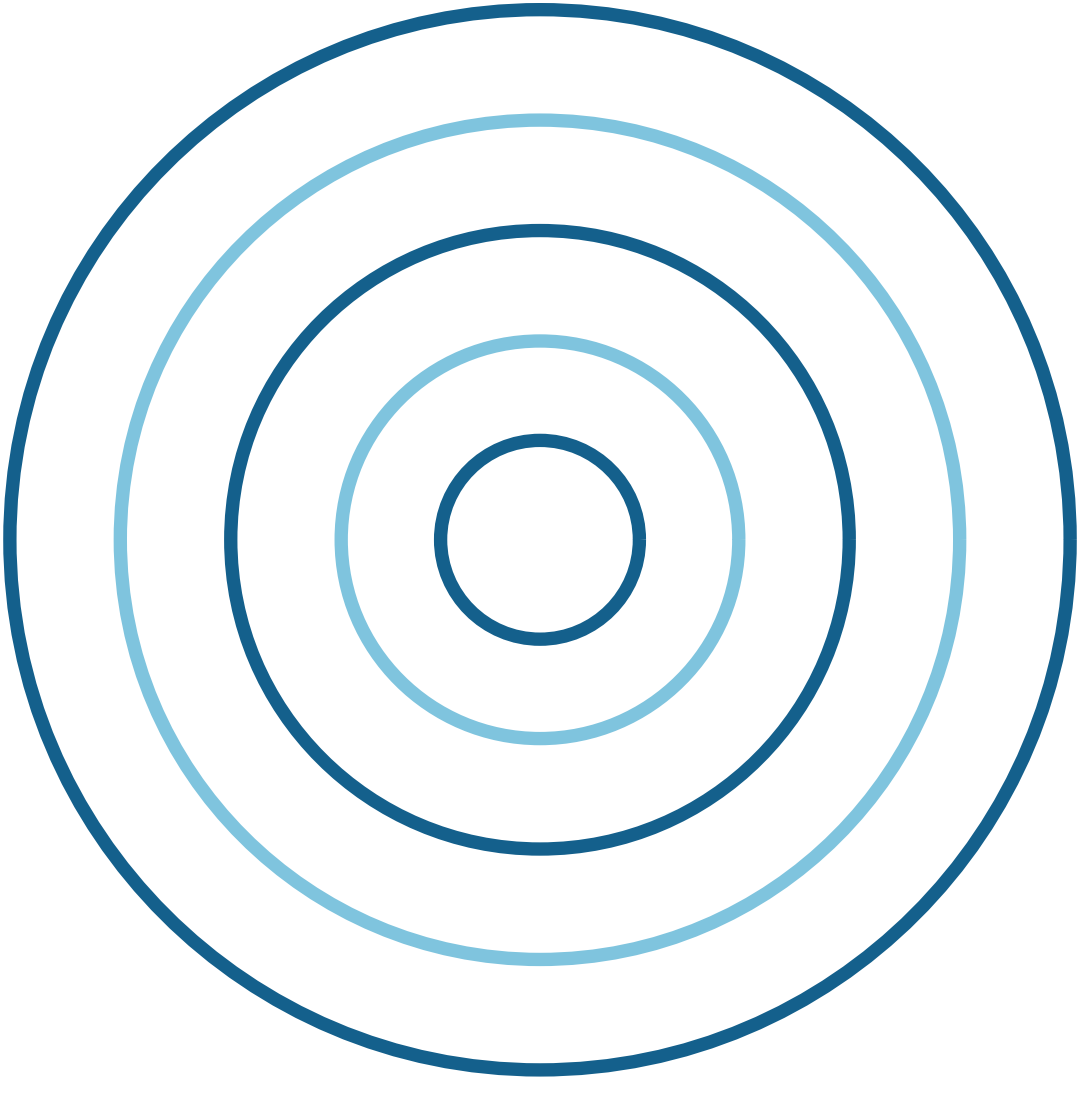
At School and College



Play It Near You



Through the Year

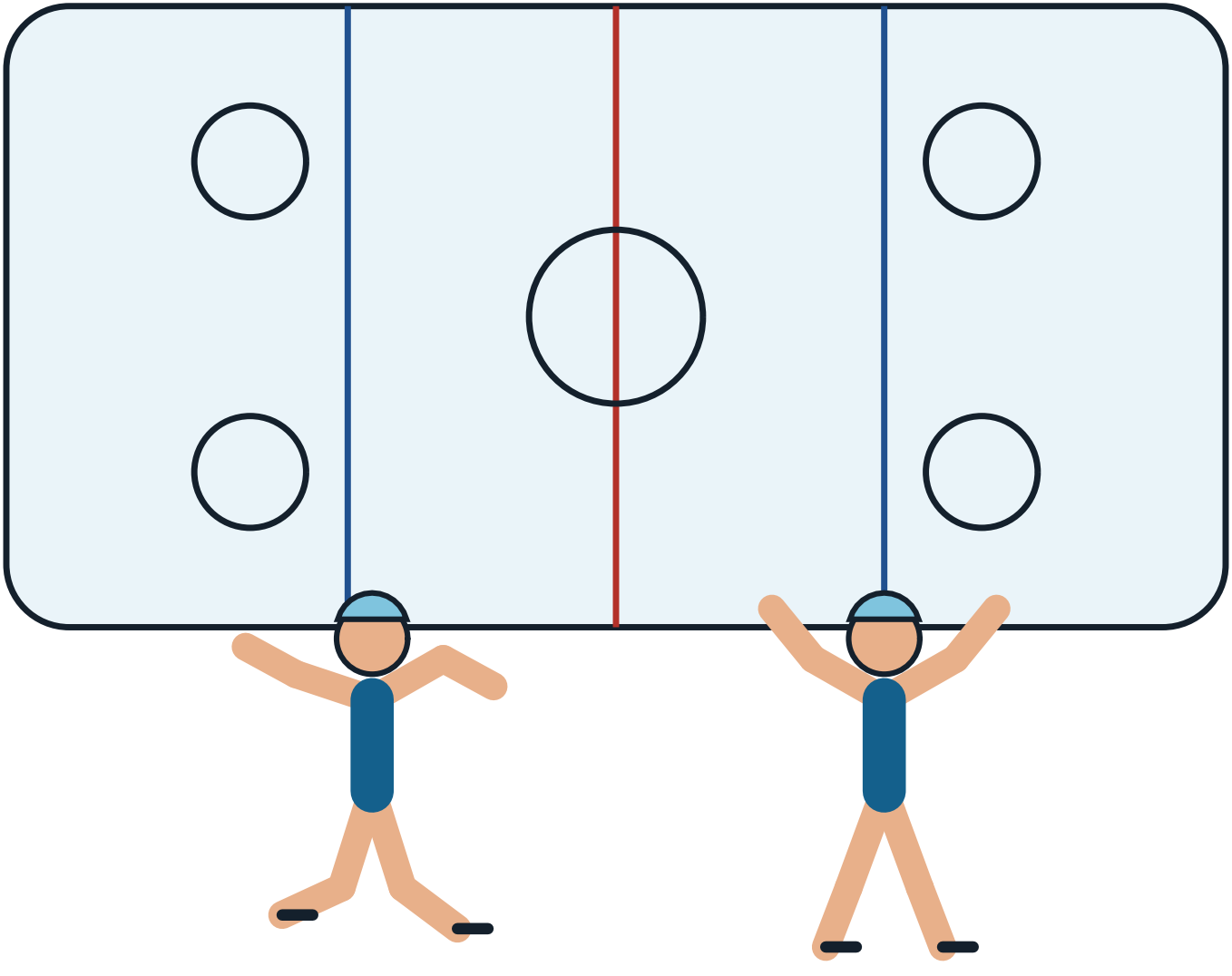


The Water & winter Family

Every sport belongs to a family of games that share its shapes and skills. Here are some of this book's closest relatives — each with a cartoon book and a colouring book of its own.

- Surfing — Ride ocean waves on a board; judges score maneuvers, speed, and flow on the best waves.
- Ice Hockey — Skate and pass a puck to score in the opposing net. Six per side, three periods of 20 minutes.
- Water Polo — Seven-a-side ball game in deep water.
- Sailing — Racing under wind power, from dinghies to the America's Cup.
- Alpine Skiing and Snowboarding — Downhill racing on FIS World Cup circuits.

Game Day!

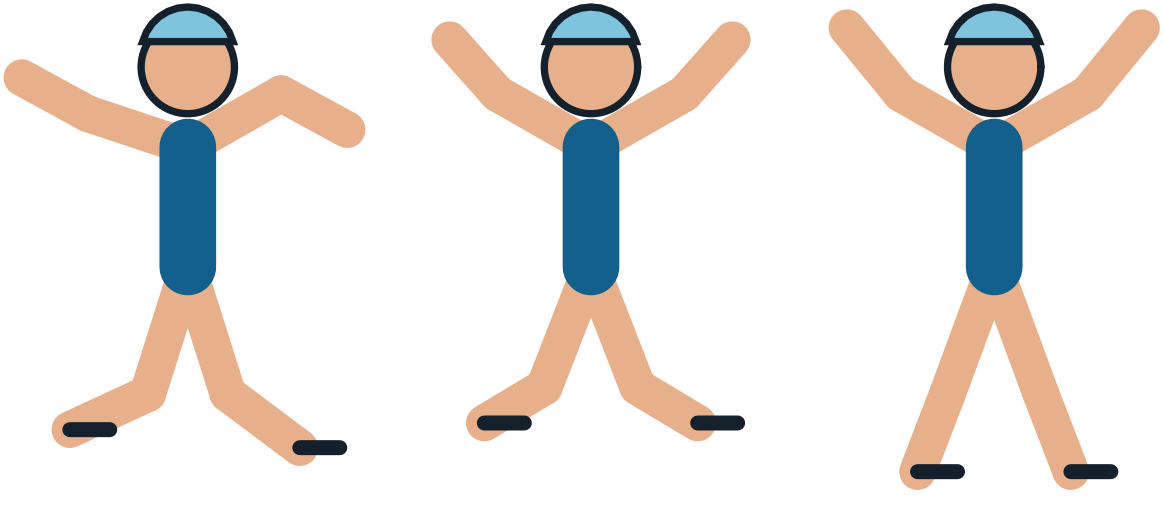


The Sport on Earth Mark

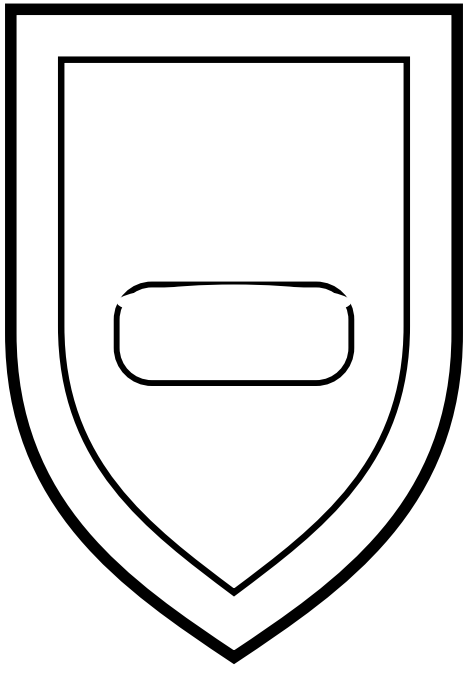
Every sport on Sport on Earth carries its own original mark, drawn for the site. Here is this sport's.



Moves of the Game

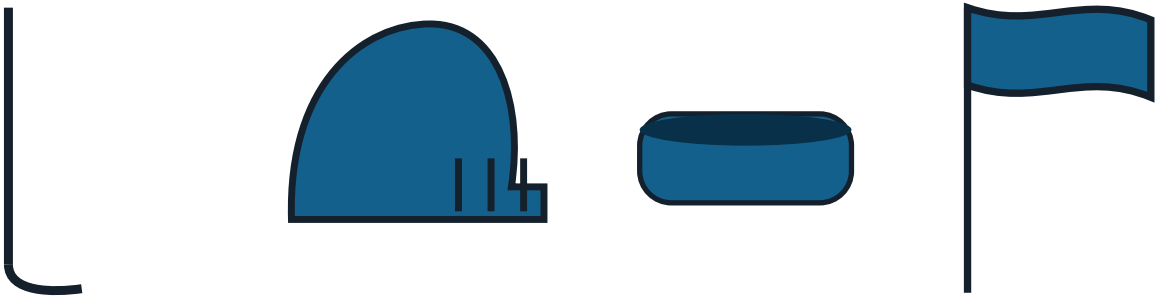


Design a Badge

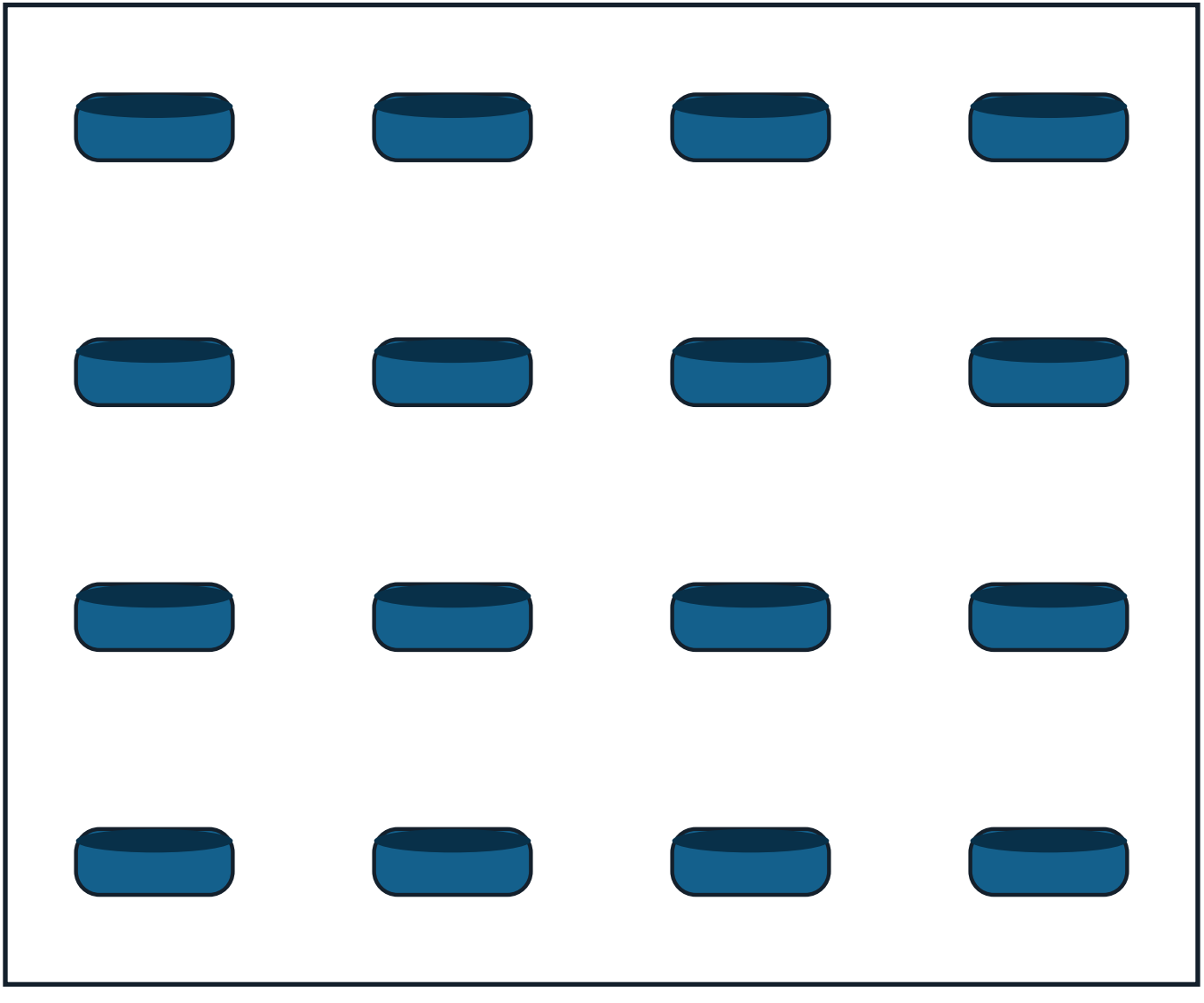


Draw and colour a badge for your own team.

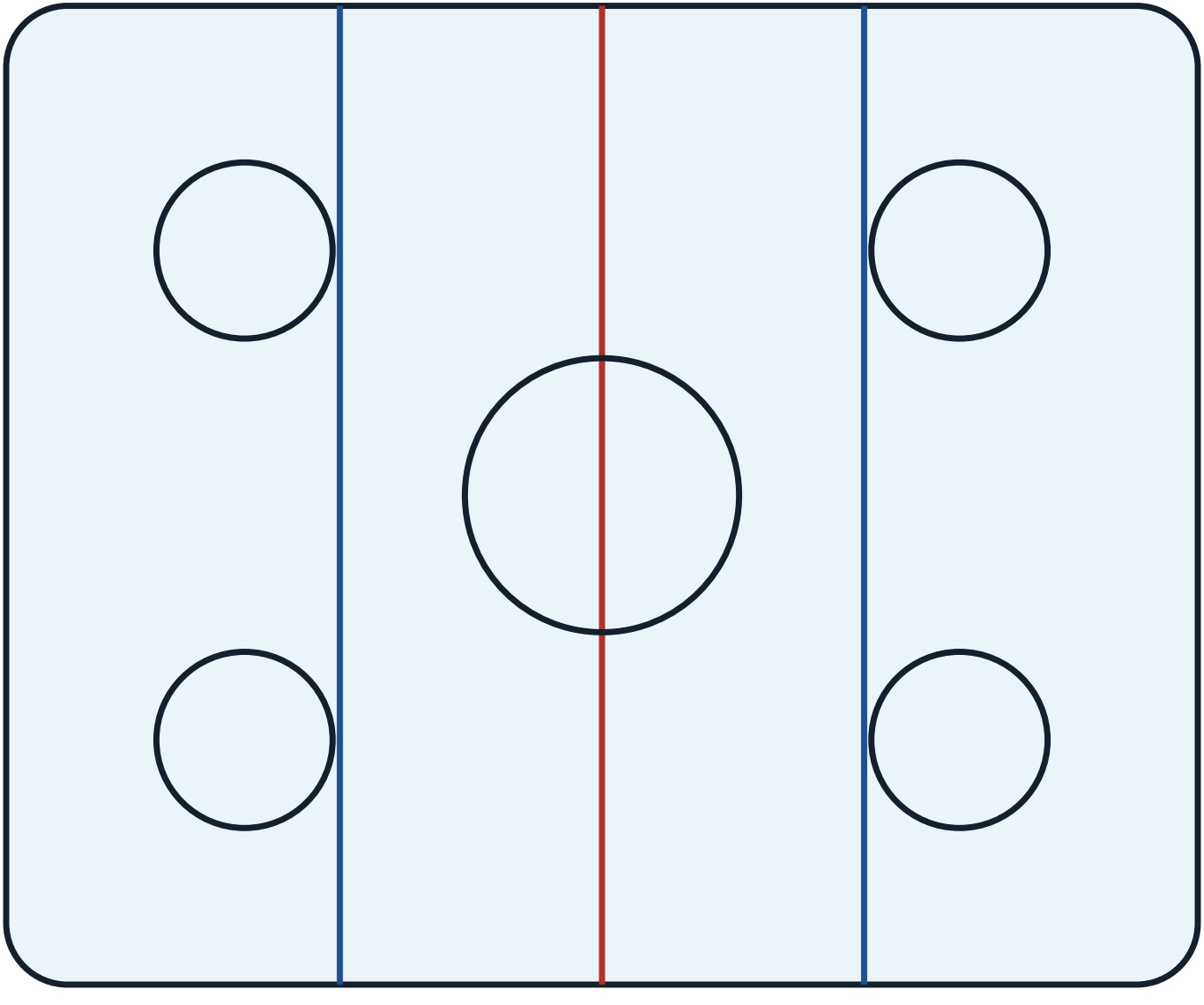
The Gear Parade



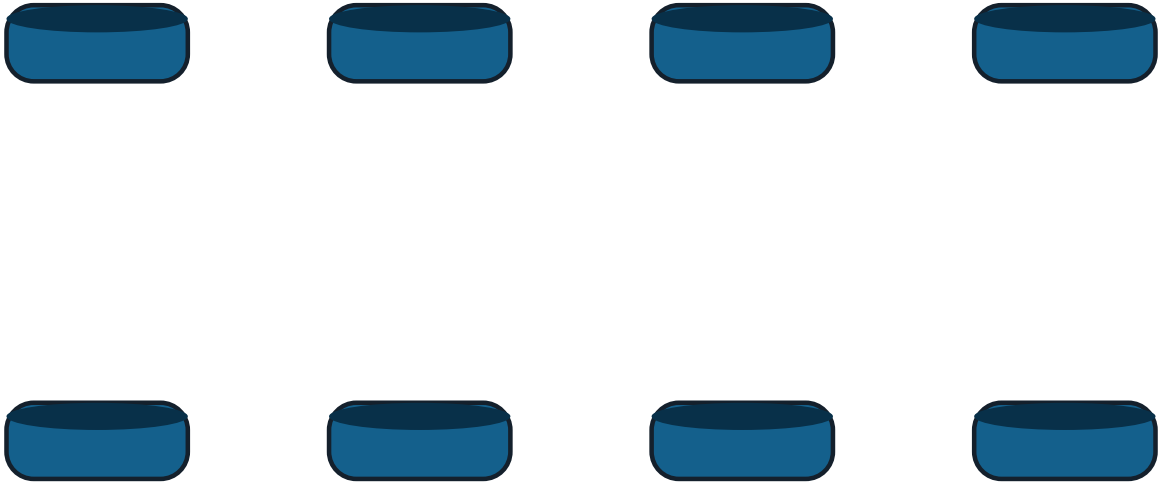
Pattern Play



The Arena From Above



Count the Balls!



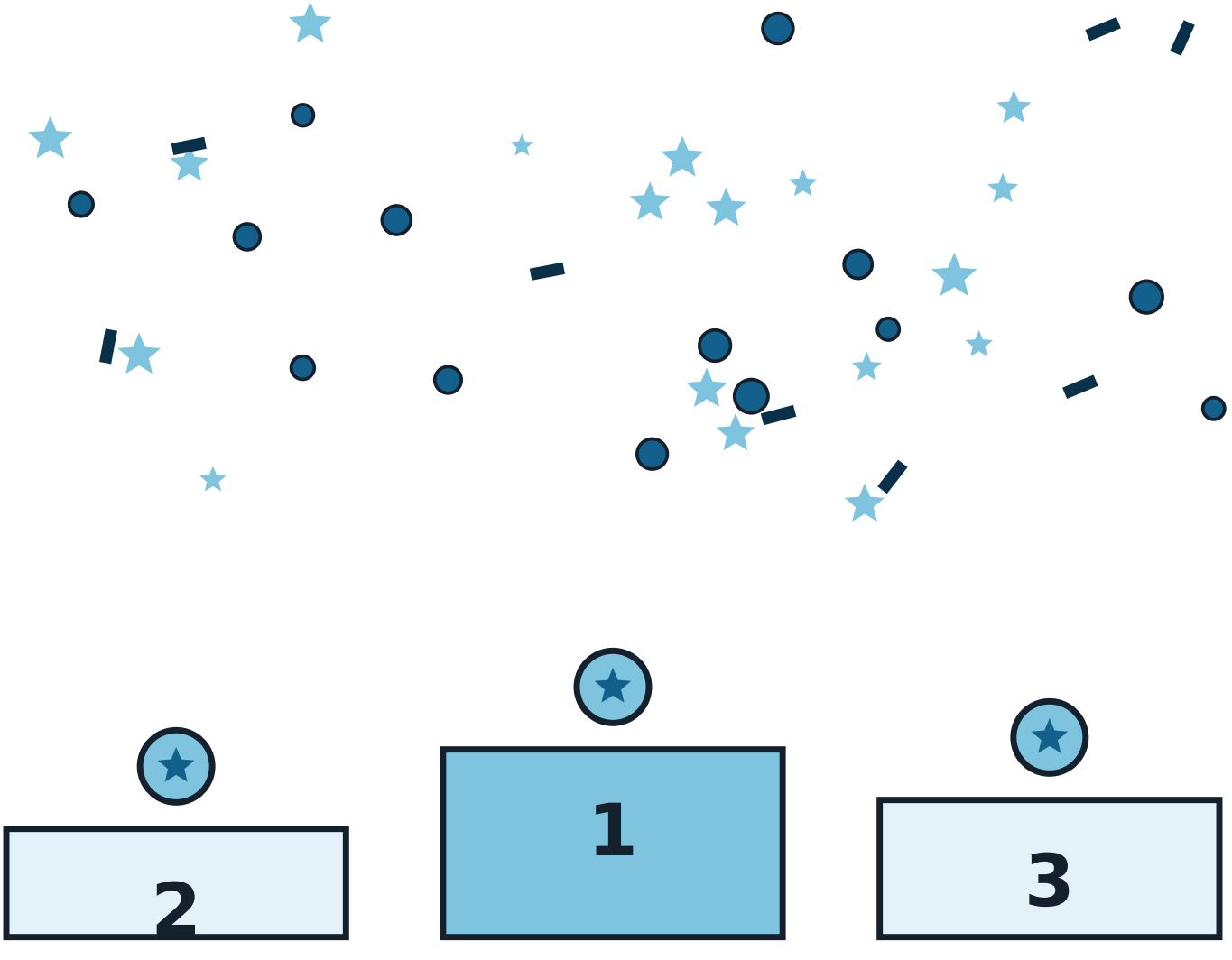
How many can you count? Write the number here: _____

My Favourite Part of Underwater Hockey

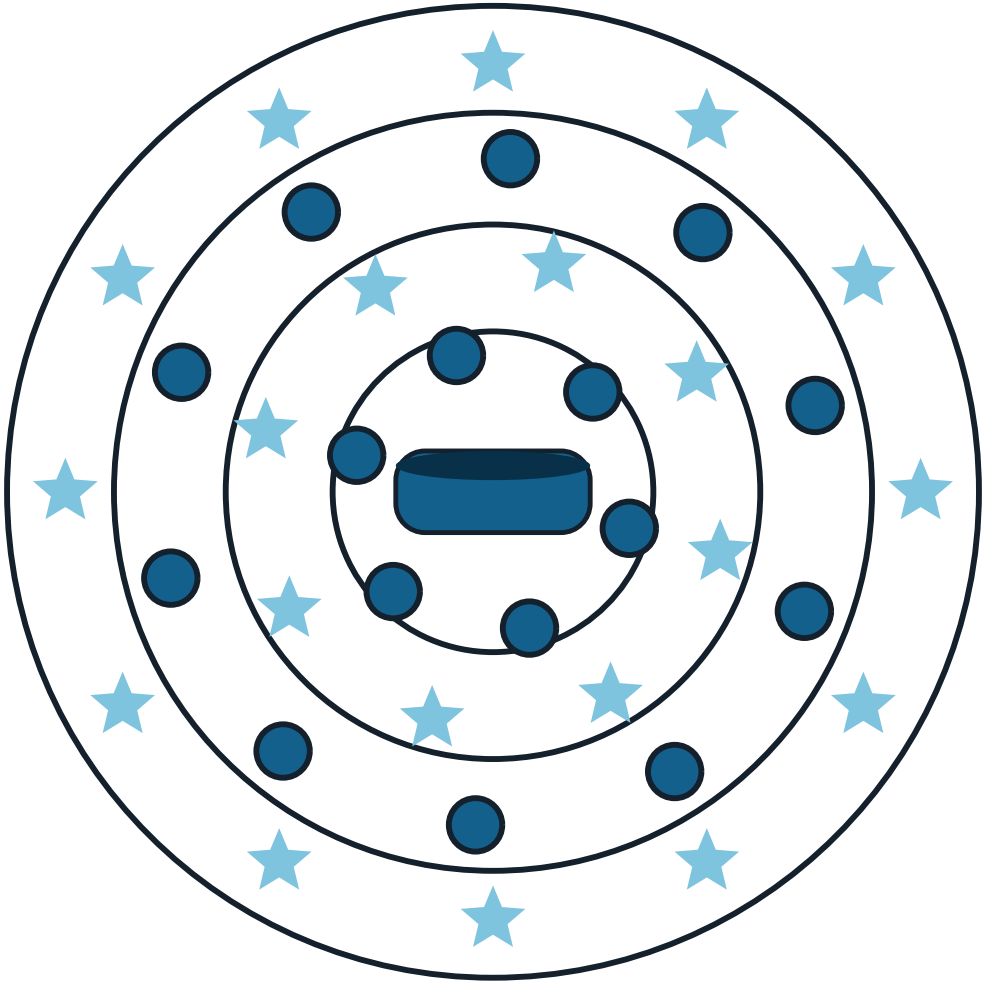
Gear Close-Up



Champions!



The Mandala of the Game



About This Book

Governing body: CMAS (Confédération Mondiale des Activités Subaquatiques) — CMAS Underwater Hockey Commission. Laws edition the site's rules file follows: CMAS International Rules for Underwater Hockey, Rules of Play Version 13.0, February 2025. Everything in this book comes from Sport on Earth's own verified sport files — the same words you can read on the sport's page at Sport on Earth. The illustrations are original artwork drawn by computer for this book series. They are not pictures of real players, real teams or anybody else's characters.

More Books in the Family

- The Cartoon Book of Surfing
- The Cartoon Book of Ice Hockey
- The Cartoon Book of Water Polo
- The Cartoon Book of Sailing
- The Cartoon Book of Alpine Skiing and Snowboarding
- The Cartoon Book of Figure and Speed Skating
- The Surfing Colouring Book
- The Ice Hockey Colouring Book

My Notes

Underwater Hockey

The Cartoon Book of Underwater Hockey — a Sport on Earth Book.

Text from Sport on Earth's verified sport files. Illustrations: original programmatic artwork created for this series, including the site's own sport mark. No copyrighted characters, team logos or player likenesses appear in this book.

Collect the whole shelf: a cartoon book and a colouring book for every one of the 442 sports and games on Sport on Earth.

